



FOR MENTAL HEALTH COUNSELING OR CRISIS INTERVENTION

**Speak to a real person 24/7 at the
numbers below.**

**988 Suicide & Crisis Lifeline - Dial 988 (or 1-800-273-8255)
For local assistance, call your county hotline.**

Berks	610-379-2007
Bucks	800-499-7455
Carbon/Monroe/ Pike	800-338-6467 570-992-0879
Lackawanna	570-348-6100
Lehigh	610-782-3127
Luzerne/Wyoming	570-829-1341
Montgomery	855-634-4673
Northampton	610-252-9060
Schuylkill	877-993-4357
Susquehanna	570-348-6100
Warren (NJ)	908-454-5141



**St. Luke's Penn Foundation Mental Health
Walk-in Center – 610-577-0555**

The St. Luke's Penn Foundation Mental Health Walk-in Center, located at the Lehigh campus, offers support to individuals 14 and older for mental health and addiction situations that are not life-threatening. The Center is open 24/7 on weekdays and 16 hours each weekend day. Some of the circumstances that could prompt an individual to seek support at the Mental Health Walk-in Center include:

- Anxiety
- Anger Issues
- Irrational Thoughts
- Panic Attacks
- Depression
- Self-Harm
- Stress Reaction
- Obsessive/Compulsive Thoughts
- Severe Mood Swings
- Hallucinations
- Somatic Pain
- Suicide Ideation
- Confused Thinking

St Luke's
Penn Foundation
MENTAL HEALTH SERVICES