



National Alliance on Mental Illness

Bucks County

Online Support Groups

Here for you. No matter what.

www.namibuckspa.org/onlinesupport/

Our commitment to providing you with the mental health support, education, and resources you need to build better lives will not be interrupted. NAMI Bucks County PA has made a decision to move all support groups to a virtual model to reduce the risk of illness effective immediately.

Online Support Schedule

Follow the instructions to the right > to join any Online Meeting.

- Sunday, April 5th at 6:30 PM (90-minutes, Recovery)
- Sunday April 5th at 8:30 PM (90-minutes, Art & Music)
- Monday, April 6th at 2:00 PM (90-minutes, Recovery)
- Monday, April 6th at 7:30 PM (90-minutes, Family)
- Monday, April 6th at 10:00 PM (90-minutes, Everyone)
- Tuesday, April 7th at 2:00 PM (90-minutes, Dual Diagnosis)
- Tuesday, April 7th at 6:30 PM (90-minutes, Recovery)
- Wednesday, April 8th at 3:00 PM (90-minutes, Youth)
- Wednesday, April 8th at 6:30 PM (90-minutes, Alt. to Suicide)
- Wednesday, April 8th at 10:00 PM (90-minutes, Everyone)
- Thursday, April 9th at 3:00 PM (90-minutes, Recovery)
- Thursday, April 9th at 6:30 PM (90-minutes, Youth)
- Friday, April 10th at 3:00 PM (90-minutes, LGBTQ)
- Friday, April 10th at 7:00 PM (90-minutes, Parent)
- Saturday, April 11th at 3:00 PM (90-minutes, Recovery)
- Saturday, April 11th at 9:00 PM (Netflix Party, Everyone)
- Sunday, April 12th at 6:30 PM (90-minutes, Recovery)
- Sunday, April 12th at 8:30 PM (90-minutes, Art & Music)
- Monday, April 13th at 2:00 PM (90-minutes, Recovery)
- Monday, April 13th at 6:30 PM (90-minutes, Alt. to Suicide)
- Monday, April 13th at 8:30 PM (90-minutes, LGBTQ)
- Tuesday, April 14th at 2:00 PM (90-minutes, Recovery)
- Tuesday, April 14th at 6:30 PM (90-minutes, Recovery)
- Wednesday, April 15th at 3:00 PM (90-minutes, Recovery)
- Wednesday, April 15th at 6:30 PM (90-minutes, Family)
- Wednesday, April 15th at 10:00 PM (90-minutes, Everyone)
- Thursday, April 16th at 3:00 PM (90-minutes, Recovery)
- Thursday, April 16th at 7:00 PM (90-minutes, Family)
- Friday, April 17th at 2:00 PM (90-minutes, Youth)
- Friday, April 17th at 7:00 PM (90-minutes, Alt. to Suicide)
- Friday, April 17th at 10:00 PM (90-minutes, Everyone)
- Look for our Pop-Up Groups on Facebook!



Meeting ID: **912 202 4943**
Link: <https://zoom.us/j/9122024943>
Dial-in: **1-646-558-8656**

NAMI Bucks County PA will use [Zoom](#) to host Online Support Groups. Zoom is a web-based video conferencing tool with a local, desktop client and a mobile app that allows users to meet online, with or without video.

Click the meeting link above to automatically download and connect. All of our meetings will use the same Meeting ID, Link, and Dial-in number for ease of use.

E-mail nemeigh@namibuckspa.org with any questions or visit us at namibuckspa.org/onlinesupport/ for complete instructions.

NETFLIX PARTY WITH NAMI

Join us for a Netflix Party each Saturday night at 9:00 PM to get us all connected! Find us on Facebook [@namibucks](#) for all the details. You'll need Google Chrome with the Netflix Party extension installed and a Netflix account to join in! Or just join us for a live stream on Zoom!