



National Alliance on Mental Illness

NAMI Online Support Groups

Here for you. No matter what.

Our commitment to providing you with the mental health support, education, and resources you need to build better lives will not be interrupted. NAMI Bucks County PA has made a decision to move all support groups to a virtual model to reduce the risk of illness effective immediately.

Online Support Schedule

Follow the instructions to the right ➤ to join any Online Meeting.

- Thursday, March 19th at 3:00 PM (90-minutes, Youth)
- Thursday, March 19th at 7:00 PM (90-minutes, Parents)
- Friday, March 20th at 2:00 PM (90-minutes, Everyone)
- Friday, March 20th at 10:00 PM (90-minutes, Everyone)
- Saturday, March 21st at 7:00 PM (90-minutes, Everyone)
- Sunday, March 22nd at 6:30 PM (90-minutes, Everyone)
- Monday, March 23rd at 11:00 AM (90-minutes, Alt. to Suicide)
- Monday, March 23rd at 2:00 PM (90-minutes, Youth)
- Monday, March 23rd at 7:00 PM (90-minutes, Parents)
- Monday, March 23rd at 10:00 PM (90-minutes, Everyone)
- Tuesday, March 24th at 7:00 PM (90-minutes, LGBTQ+)
- Tuesday, March 24 at 10:00 PM (90-minutes, Everyone)
- Wednesday, March 25th at 6:30 PM (90-minutes, Family)
- Thursday, March 26th at 3:00 PM (90-minutes, Everyone)
- Thursday, March 26th at 7:30 PM (90-minutes, Family)
- Friday, March 27th at 2:00 PM (90-minutes, Everyone)
- Friday, March 27th at 10:00 PM (90-minutes, Everyone)
- Saturday, March 28th at 7:00 PM (90-minutes, Everyone)
- Sunday, March 29th at 6:30 PM (90-minutes, Everyone)
- Monday, March 30th at 11:00 AM (90-minutes, Alt. to Suicide)
- Monday, March 30th at 2:00 PM (90-minutes, Youth)
- Monday, March 30th at 10:00 PM (90-minutes, Everyone)
- Tuesday, March 31st at 7:00 PM (90-minutes, LGBTQ+)
- Tuesday, March 31st at 10:00 PM (90-minutes, Everyone)
- Wednesday, April 1st at 6:00 PM (90-minutes, Everyone)
- Wednesday, April 1st at 8:00 PM (90-minutes, Family)
- Thursday, April 2nd at 3:00 PM (90-minutes, Everyone)
- Thursday, April 2nd at 7:30 PM (90-minutes, Family)
- Friday, April 3rd at 2:00 PM (90-minutes, Everyone)
- Friday, April 3rd at 10:00 PM (90-minutes, Everyone)
- Saturday, April 4th at 3:00 PM (90-minutes, Everyone)
- Saturday, April 4th at 7:00 PM (90-minutes, Youth)



Meeting ID: **912 202 4943**
Link: <https://zoom.us/j/9122024943>
Dial-in: **1-646-558-8656**

NAMI Bucks County PA will use [Zoom](#) to host Online Support Groups. Zoom is a web-based video conferencing tool with a local, desktop client and a mobile app that allows users to meet online, with or without video.

Click the meeting link above to automatically download and connect. All of our meetings will use the same Meeting ID, Link, and Dial-in number for ease of use.

E-mail nemeigh@namibuckspa.org with any questions or visit us at namibuckspa.org/online-support/ for complete instructions.

NETFLIX PARTY WITH NAMI

Join us for a Netflix Party each Saturday night in March at 9:00 PM to get us all connected!

Find us on Facebook [@namibucks](#) for all the details and to get involved! You'll need Google Chrome with the Netflix Party extension installed and a Netflix account to join in!



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NAMI HelpLine

1-866-399-NAMI (6264)

Resources & Information 9AM—9PM Daily