

SPOTLIGHT

ABC News Chief Meteorologist Ginger Zee Will Be Keynote Speaker at Autumn Event



Ginger Zee

ABC News Chief Meteorologist Ginger Zee will be the keynote speaker at Penn Foundation's Autumn Event fundraiser on Tuesday, September 25 at Pennridge High School in Perkasié. Known to millions as the face of ABC News' meteorology team as well as for her third place finish on the 22nd season of *Dancing with the Stars*, Zee's story goes far beyond the confines of television. With the release of her *New York Times* best-selling memoir *Natural Disaster: I Cover Them, I am One*, Zee brings readers along the immensely

difficult path that took her from a depressed, fledgling meteorologist to the first female chief network meteorologist.

Despite the dysfunction, self-doubt, and turmoil she experienced, Zee managed to build a remarkable career and family. Now, she is taking her message of resilience and self-care around the country. Zee will leave you feeling renewed, empowered, and intensely moved.

Also, Penn Foundation's 15th annual Adventures in Excellence Award will be presented to David and Carolyn Landis and their family, owners of Landis Supermarkets. Gordon Hornig, MSW, LSW, Director of Mobile Engagement Services, will receive Penn Foundation's 5th annual Vernon H. Kratz, MD Penn Foundation Service Award.

Richard Curtis, Souderton Area High School teacher and host of *The ClassH-Room* on Fox 29, will be the emcee.

Tickets are \$25 each or four for \$75. To purchase tickets or to become an event sponsor, visit www.PennFoundation.org or call 267.404.5937.

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Penn Foundation Expands Drug and Alcohol Services to New Colmar Location

Penn Foundation expanded its outpatient drug and alcohol services with the opening of its new Colmar office at 271 N. Bethlehem Pike. Services available at the Colmar office include drug and alcohol evaluations, outpatient counseling, intensive outpatient services, and medication-assisted treatment.

"For 30 years, Penn Foundation has been partnering with individuals and families to help break the painful cycle of alcohol and/or drug addiction," says Julie Williams, MA, LPC, Director of Clinical Services. "We provide care to over 2,000 individuals annually who are experiencing substance use disorders. In the past six years, Penn Foundation has been responsive to community need amidst the opioid epidemic. By expanding our services to Colmar, Penn Foundation is able to continue providing access to the most advanced addiction treatment options in order to help heal persons impacted by the heroin epidemic."

To schedule an evaluation or an appointment at our Colmar office, please call 215.257.9999 or email rchelp@pennfoundation.org.



(left to right) Trish Nye, Outpatient Drug and Alcohol Counselor; Theresa Benonis, Director of Outpatient Drug and Alcohol Services; and Renee Dwornitski, Clinical Supervisor of Outpatient Drug and Alcohol Services (Colmar office).

Center of Excellence Reaches Milestone

Penn Foundation's Center of Excellence (COE) has reached an important milestone – serving its 300th client. When accepting the COE designation in 2016, Penn Foundation agreed to serve 300 individuals in three years. This goal was reached in just two years!

"Our care management team was able to touch the lives of these 300 individuals in a way that the traditional system of care could not," says Julie Williams, Director of Clinical Services. "The team was able to keep these persons engaged in treatment longer by providing quick access to care, coordination with medical care systems, housing resources, Narcan education, and recovery environment support that included their families."

Served
300
Clients



Over 2 Years

Penn Foundation Hosts Annual Legislative Luncheon



(left to right) Dr. Ronald Souder, Penn Foundation Board of Directors; Representative Marcy Toepel; Wayne Mugrauer, Penn Foundation President and CEO; Bucks County Commissioner Robert Loughery; Bucks County Commissioner Diane Ellis-Marseglia; Tom Leidy, Penn Foundation Board of Directors; Dorothy K. Weik-Hange, Esq., Penn Foundation Board of Directors; and Dr. Vernon Kratz, Penn Foundation Board of Directors

In March, Penn Foundation hosted its annual Legislative Luncheon. This event provides an opportunity for local legislators to visit Penn Foundation's campus and learn more about the agency's programs and services and to share their legislative priorities.

At a time when mental health and substance abuse are being discussed on a national level, we are grateful for the opportunity to have a dialogue with area legislators about our programs and the issues facing community behavioral healthcare providers. Special thanks to those legislators who attended the luncheon – Bucks County Commissioners Diane Ellis-Marseglia and Robert Loughery and State Representative Marcy Toepel.

In his opening remarks, Penn Foundation President and CEO Wayne Mugrauer said, "This is a time that challenges us to be even more creative and more efficient with how we provide care than ever before." He highlighted several of Penn Foundation's innovative initiatives, including collaboration with local hospital emergency departments to target opioid overdose survivors, a plan to expand outpatient drug and alcohol services, and a newly established academic affiliation with Jefferson Health.

Other speakers included Medical Director Christopher Squillaro, DO, who spoke about the opioid epidemic, focusing on how we got here and what Penn Foundation is doing to combat this growing issue, and Sarah, who struggled with addiction for 14 years and courageously shared her story of recovery, including surviving an overdose.

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Wellspring Clubhouse Celebrates Members' Employment Achievements



Pictured are (left to right) Valerie U., Marian Beck and Grace Leister from Ivy Hill Therapeutic Equestrian Center, William Kinsey, and Tim Kinsey. Both Valerie and Tim were employed by Ivy Hill this past year.

In May, the Wellspring Clubhouse was pleased to host its 20th Employment Dinner to celebrate over 60 members who obtained employment in the last year. This represents about 50% of the Clubhouse's membership. From January through April 2018, the number of Clubhouse members employed jumped by 59%, and their combined earned income increased 30%.

"We are pleased that so many of our members were employed this past year," says Jill Valiant, Director of Wellspring Clubhouse. "The intrinsic value of work increases for our members because they can identify as a 'worker' rather than a 'patient' or someone who is 'mentally ill.' This attachment to a valued social role provides self-worth, confidence, and purpose."

59%

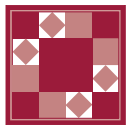
Increase in
Employed
Members

60

Members
Employed
Last Year

30%

Increase in
Combined
Earned Income



PENN FOUNDATION

BEHAVIORAL HEALTH SERVICES

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Elise Lamarra, MS, RN, Joins Penn Foundation Board



Elise Lamarra

Elise Lamarra, MS, RN, Chief Operating Officer of Friends Life Care Partners, has joined the Board of Directors of Penn Foundation.

Lamarra has more than 30 years of clinical, administrative, and managerial experience in acute care, home health care, hospice care, and managed care. She joined Friends Life Care Partners in 2007 to lead the Care Coordination Department. Lamarra also serves as President of Caring Friends Home Care.

Lamarra earned her bachelor's degree in nursing from the University of Cincinnati and her master's degree in organizational development and leadership from the Philadelphia College of Osteopathic Medicine (PCOM). She is a member of the Pennsylvania Home Care Association and serves on its Public Policy Committee. She also serves on the boards of LeadingAge PA and Friends Services for the Aging.

"I am pleased to join the Penn Foundation Board of Directors and to use my experience and skills to support its mission," says Lamarra. "With the national issues surrounding mental and behavioral health (including the opioid epidemic), I can't think of a more worthwhile organization to serve."

To read the full stories in this issue, please go online to PennFoundation.org/Newsletters. If you do not have computer access and would like a hard copy of these stories, please call Jennifer Smith, Public Relations Coordinator, at 267.404.5728.

