



PENN FOUNDATION

BEHAVIORAL HEALTH SERVICES

Instilling hope. Inspiring change. Building community.



“The way Penn Foundation has grown and changed and molded itself to take care of the changing needs of this community has been really exciting.”

—Steve Hunsberger, Executive Director of the Indian Valley Chamber of Commerce

SPOTLIGHT

Autumn Event Keynote Speaker Ron Suskind Encourages Audience to Embrace Their Inner Heroes



Sharing his family's quest to connect with their autistic son, Owen, now 26, Pulitzer Prize-winning journalist and best-selling author Ron Suskind captivated attendees of our 15th annual Autumn Event with humor, honesty, and reminders that we can all be heroes of our own stories. The September 26th event – emceed by Richard Curtis, Souderton Area High School teacher and *Live with Kelly* co-host contest winner – was organized by dedicated volunteers, led by Chair Dale Westwood, to be an engaging celebration highlighting Penn Foundation's work. The Autumn Event raised \$170,000 for our programs, including \$12,000 for Camp Mariposa®, a national addiction prevention and mentoring program for youth impacted by family substance abuse founded by former Major League Baseball pitcher Jamie Moyer and child advocate Karen Phelps Moyer. Sandy Landis, retired Director of Human Resources, received the 4th annual Vernon H. Kratz, MD Penn Foundation Service Award in recognition of her remarkable 47-year career. And, for the first time, we honored a family – Steven, Charlotte, Colin, Ian, and Lily Hunsberger – with our 14th annual Adventures in Excellence Award, recognizing their integrity, commitment to excellence, and active volunteer service.

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Caring for the Community: Our Response to an Epidemic



Penn Foundation welcomed Congressman Brian Fitzpatrick for a tour and meeting with President & CEO Wayne Mugrauer and COO Marianne Gilson.

Our 2017 Annual Report details our country's devastating heroin epidemic and Penn Foundation's dedicated response to the needs of the opioid-use population.

Because individuals are most at-risk after an overdose, Penn Foundation has embedded staff in Grand View, St. Luke's, and Abington-Lansdale Hospitals' emergency departments to assess opioid overdose survivors and connect them with providers, treatment, and individual and family resources. Additionally, through an Aetna Member Care Coordination Project launched this fall, Penn Foundation's Peer Support Team Leader is providing engagement and support for inpatient clients with Aetna insurance and working with inpatient addiction counselors and Aetna member advocates to coordinate aftercare and client/family resources.

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Wellspring Clubhouse Staff and Members Present at Clubhouse International World Seminar

Two Wellspring Clubhouse staff and two members presented at the annual Clubhouse International World Seminar held September 23–28 in Detroit, Michigan. Lisa Dembrosky, Operations Coordinator, and member Tess presented “Integrating Wellness Activities into Your Clubhouse Culture” and “Staying Connected Through Thick and Thin: The Critical Role of Reach Out in a Clubhouse Community.” Jill Valiant, Wellspring Clubhouse Director, and member Nett presented “Creating and Sustaining a Vibrant, Engaging, Work-Ordered Day.”

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Jill Valiant (right), Director of Wellspring Clubhouse and Lisa Dembrosky (left), Wellspring Clubhouse Operations Coordinator, welcomed Linda Okonsky and Cathy Piersol to the Clubhouse. Cathy, Chair of the Local Conference Committee for the 2017 American Occupational Therapy Association Conference in Philadelphia, helped choose Wellspring Clubhouse as the Committee's designated charity.

Learning at Penn Foundation



Occupational Therapy Student Grateful for Experience at Penn Foundation

Tiffany McGhee, a second-year Philadelphia University occupational therapy student, interned this summer with Penn Villa and the REACH program. As the first full-time OT intern, Tiffany ran REACH groups and assisted Penn Villa residents with daily living, coping, and problem-solving skills; met one-on-one with program participants; and conducted a needs assessment to determine how occupational therapy can be integrated into the residential program.



Penn Foundation Partners with Thomas Jefferson University to Offer Psychiatric Residency Program

This year, Penn Foundation piloted an innovative psychiatric residency program with Thomas Jefferson University. Chief Resident Dr. Dan Neff says, “This was my first experience in a non-urban setting, and it exceeded all of my expectations. Penn Foundation has tremendous programs and has found truly creative ways to partner with the community.”



Front Row: Nancy Runta (GVH), Sara Dobson (PF), Nancy Aronson (Facilitator), Karen Kern (PF), and Cynthia Westphal (GVH); Back Row: Jane Loveless (GVH), Rachel Budich (PF), Maureen Gingerich (PF), Vickie Keeler (GVH), Christopher Quinn (PF), Lauren Verbilla (PF), Michelle Lerch (PF), Brian Plajer (GVH), Michele Grida (PF), and Jacki Howenstein (GVH).

Fostering Tomorrow's Leaders: Penn Foundation Completes Second Year of Leadership Institute

Seven mid-level managers from Penn Foundation and five from Grand View Health participated in the Leadership Institute's second year. Led by Nancy Aronson, PhD, a Philadelphia College of Osteopathic Medicine faculty member, and coordinated by Karen Kern, LCSW, Penn Foundation Vice President of Education and Training, the Leadership Institute is an annual program designed to foster an understanding of leadership and enhance teamwork among multidisciplinary staff. The Institute has reduced Foundation staff turnover by 5 percent in two years, and two participants have been promoted – one to Director of Integrated Health Services and the other to Director of Quality Improvement at Penn Foundation.

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Help Us Welcome New Staff



**Thomas Colgan,
SPHR, SHRM-SCP**

Tom, Vice President of Human Resources, has worked in HR for 25 years, most recently as Director of HR at Genesis Healthcare in Kennett Square. He earned his bachelor's degree from St. Joseph's University and serves on the Board of ARC Alliance, an organization that supports people with developmental and other disabilities.

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Scott Harman, MD

Dr. Harman is an adult psychiatrist who previously worked at The Horsham Clinic for six years and at NHS in Lansdale for three years. He earned his medical degree from the Medical College of Virginia and completed his residency at Albert Einstein Medical Center. He's certified by the American Board of Psychiatry and Neurology and specializes in community psychiatry, crisis intervention, anxiety disorders, and cognitive therapy.



**Jacinta Harman,
MSW, LCSW**

Jacinta, Director of Mental Health Outpatient Services, has worked in child and adult behavioral health for more than 20 years. She earned her MSW from Temple University. Jacinta is also a certified instructor for the Question, Persuade, Refer (QPR) Institute – a suicide prevention program.

In Memoriam



L. Ruby Horwood, former Penn Foundation Board member and assistant to founding Medical Director Dr. Norman Loux, passed away at age 100 on August 2.

Even after her service at Penn Foundation, Ruby remained interested in the agency's work and kept up with happenings through her continued friendship with Dr. Loux's daughter, Elizabeth Kraybill. "I count my friendship with Ruby as one of the blessings in my life," says Elizabeth. "She was so generous with her time. She loved hearing all about what was happening at Penn Foundation. When Penn Foundation started, it was just she and my dad in the farmhouse – imagine if they could both see what their dream has grown into!"

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Wellspring Clubhouse Celebrates Member Achievements

In May, Wellspring Clubhouse celebrated 55 members who obtained or maintained employment over the past year. Members shared inspirational stories about the positive impact working has had on their lives, and Deb Ryan, Director of Community Outreach, shared her perspective as a new Supported Employment supervisor.

In August, Wellspring Clubhouse hosted its 5th annual Education and Volunteer Dinner, featuring inspirational testimonials from six Clubhouse members who were enrolled in school and/or volunteered in the community. Thirty-seven members volunteered 3,165 hours during the past year, and 17 were enrolled in school.

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Wellspring Clubhouses hosted their first mixer this summer, welcoming 70-plus members and staff from Open Door Clubhouse (Philadelphia), Welcome House (Upper Darby), and Clubhouse of Lehigh County (Allentown). Lisa Dembrosky, Operations Coordinator, created this event to build relationships between southeastern Pennsylvania Clubhouses.



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Awards

Peer Support Team and Team Leader Honored for Their Work

For creating a safe, encouraging environment and empowering people to be active participants in their recovery, Penn Foundation's Peer Support Services Team received the 2017 Recovery and Resiliency Award at the 5th Annual Montgomery County Community Support Program (CSP) Conference in June. The team includes six Certified Peer Specialists: Ryan Schweiger (Team Leader), Karleen Caparro, Matt Deery, AJ Derro, Christopher Meholic, and Walter Wright. The Recovery and Resiliency Award recognizes people, programs, and organizations that exemplify recovery and/or resiliency principles as outlined by Montgomery County.

Schweiger, the Team Leader, also received the CSP Ambassador Award, which celebrates an individual who embodies the CSP principles of empowerment, cultural competency, natural supports, flexibility, coordination, accountability, sensitivity to special needs, and a strength-based perspective.

Mobile Engagement Specialists Receive Children and Youth Award

Mobile Engagement Specialists Pamela Blackburn and Tony Pierce received Bucks County Children and Youth's John Thomas Bevivino Award in recognition of their work to help families struggling with addiction issues to prevent children being placed outside the home. They currently work with a combined total of 70 families, with approximately 73% of them having received a drug and alcohol evaluation.

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