

"Those impacted by mental health disorders, in combination with opiate use, have unique problems and circumstances which deserve unique approaches to treatment."

-Julie Williams, LPC, Penn Foundation's Director of Clinical Services

SPOTLIGHT

Penn Foundation Named Opioid Treatment Center of Excellence



Penn Foundation Nurse Practitioner Nina Drinnan, CRNP, educates clients about some of the medications available to them.

Named an Opioid Treatment Center of Excellence in Pennsylvania, Penn Foundation is providing integrated substance use treatment and mental and physical healthcare to Medicaid patients seeking opioid addiction treatment, ensuring they receive holistic care that promotes recovery.

"Penn Foundation has always strived to provide integrated, holistic, and coordinated care to those impacted by substance use, mental health, and chronic health issues," says Dr. Chris Squillaro, Penn Foundation's Medical Director. "We are pleased to help transform service delivery as we face increasing rates of opioid dependency."

Penn Foundation has expanded its existing substance use disorder treatment and prevention programs and developed a dedicated Health Home Team, education for physicians and nurse practitioners, rapid assessments, medication-assisted treatment, an on-site pharmacy, drug testing capabilities, and other comprehensive treatment options.

"Since the onset of the heroin epidemic, Penn Foundation has worked diligently to adapt and enhance its drug and alcohol services to address the special needs of the opioid use population," says Julie Williams, LPC, Penn Foundation's Director of Clinical Services. "We understand that those impacted by mental health disorders, in combination with opiate use, have unique problems and circumstances which deserve unique approaches to treatment." Read More"

Penn Foundation Opens New Family Autism Center



Psychologist Julie Worley, PhD, uses bubbles to engage children during an autism assessment.

Penn Foundation's new Family Autism Center at 708 Washington Ave. in Sellersville provides much-needed services for children and adolescents on the autism spectrum and their families.

Supported by The Clemens Family Corporation and an anonymous family foundation, the Center offers autism assessments (ADOS-2), behavioral

services, outpatient family counseling, psychiatric services, a social skills group, parent and caregiver workshops, and provider and community resources.

"Our Family Autism Center will allow children to receive a clear diagnosis and individualized recommendations for services," explains Debra Springer, Director of the Family Autism Center. Read More»

Call **267.404.5988** or visit <u>www.PennFoundation.org</u> for more information.



WELLSPRING CLUBHOUSE BASKET BINGO Saturday, March 18, 2017

- Noon (Doors open 10:30 a.m.)
- Sellersville Fire Department (2 N. Main St., Sellersville)
- \$25/20 games
- For information or tickets, visit www.PennFoundation.org.

ART AND POETRY SHOW AND SALE May 1-31, 2017

- Indian Valley Public Library (100 E. Church Ave., Telford)
- Visit <u>www.IVPL.org</u> for hours.

View artwork and poetry created by Bucks and Montgomery County residents recovering from mental illness or addiction, and – on Friday, May 26 – attend a reception featuring an artist meet-and-greet and poetry readings.

Honors



Margaret Zook (left), Chair of Penn Foundation's Board of Directors, presents the Adventures in Excellence Award to Bucks County Commissioner Diane Ellis-Marseglia, LCSW.



Dale Wentz (left), Chair of Penn Foundation's Autumn Event Committee, presents the Vernon H. Kratz, MD, Penn Foundation Service Award to Rev. Dr. Carl Yusavitz.

Grants

In October, Foundations Community Partnership awarded Penn Foundation a \$3,000 Youth Services Grant for Camp Mariposa®, a national addiction prevention and mentoring program.

In November, Penn Foundation received two grants: \$2,500 from the Wawa Foundation for Camp Mariposa and \$2,000 from La-Mel Gardens, a Bucks County foundation fund, for the Leadership Institute.

In December, we received a grant for the Family Autism Center from a family foundation that chooses to remain anonymous.

Keynote Encourages Audience Members to Embrace Their Authentic Selves During Sold-Out Autumn Event



Group – Rev. Dr. Carl Yusavitz, Vernon H. Kratz, MD, Penn Foundation Service Award; Tom Leidy, Vice Chair, Penn Foundation Board of Directors; Margaret Zook, Chair, Penn Foundation Board of Directors; Glennon Doyle Melton; Wayne Mugrauer, Penn Foundation President & CEO; and Commissioner Diane Ellis-Marseglia, Adventures in Excellence Award.

Penn Foundation's caring community came together last September for our 14th annual Autumn Event featuring New York Times best-selling author and blogger Glennon Doyle Melton. This special evening raised more than \$142,000 – including \$12,000 through the silent auction for Camp Mariposa® – to help us provide quality services to our community.

Melton shared her personal story of addiction and recovery with a crowd of 1,200 people, inspiring the audience with her hopeful and humorous perspective on healing.

During the Event, Penn Foundation honored Bucks County Commissioner Diane Ellis-Marseglia, LCSW, with the 13th annual Adventures in Excellence Award and Carl Yusavitz, D.Min., Penn Foundation's Director of Pastoral Services, with the third annual Vernon H. Kratz, MD, Penn Foundation Service Award. *Read More* »

For photos, visit our Facebook page at www.Facebook.com/PennFoundation.org.

Surgeon General Releases First Ever Report on Addiction



In November, *The Surgeon General's Report on Alcohol, Drugs, and Health* was released. This report details the serious problem of substance use gripping our country and the need for integrated, evidence-based care and community-based prevention programs.

The Surgeon General's Report also addresses the fact that stigma significantly influences an individual's willingness to seek help and highlights the importance of community involvement, beliefs also shared by Penn Foundation. The Report states, "Changing the culture is an essential piece of lasting reforms." *Read More*»

Click <u>here</u> to read Penn Foundation's response to the Report at. Click <u>here</u> to read the entire Report.



Fostering Tomorrow's Leaders



The Leadership Class (pictured above) includes 12 members representing various departments and roles throughout Penn Foundation.

In December, Penn Foundation graduated the inaugural class of our Leadership Institute. The institute's 12 members, representing various departments and roles throughout Penn Foundation, learned through group activities about their personal leadership strengths and styles while gaining experience in coaching, meeting redesign, and job shadowing. The seven-session program was held March through September 2016 and was led by Nancy Aronson, PhD, a faculty member of the Philadelphia College of Osteopathic Medicine. *Read More*»

Staff News Read More »

Penn Foundation Adds Two Psychiatrists to Staff:



Child Psychiatrist Fahad Ali, MD, provides psychiatric evaluations and medication checks for children and adolescents. He previously worked with the Philadelphia Prison System and Fairmount Behavioral Health System; earned his medical degree from Dow Medical College (Pakistan); and completed residencies at Einstein Medical Center, University of Maryland/Sheppard Pratt, and the University of Pennsylvania.



Adult Psychiatrist Olga Kissel, MD, provides psychiatric evaluations and medication checks for adults. She previously worked at Crozer-Chester Medical Center; earned her medical degree from Saint Petersburg State Pediatric Medical University (Russia); and completed residencies at City Children Hospital #4 (Russia) and Maimonides Medical Center.

Achievements Read More »



Jill Valiant Horan, MS, Director of Penn Foundation's Wellspring Clubhouse, Receives Fountain House Executive Leadership Fellowship

This Fellowship is offered to no more than four Clubhouse Directors worldwide each year. Horan will learn about integrating state-of-the-art management techniques with the ideals and approaches to social practice originated at New York City's Fountain House (the world's first clubhouse).



Lisa Dembrosky, CPRP, Operations Coordinator at Penn Foundation's Wellspring Clubhouse, Named to Clubhouse International Faculty

Dembrosky will now be a part of the accreditation process for clubhouses all over the world. She recently participated in her first accreditation for Harbor House, a clubhouse in Rhode Island.

"I hope that by visiting clubhouses around the world, I can bring back ideas that will make Wellspring Clubhouse even stronger," says Dembrosky.



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A Season of Generosity Read More »

Penn Foundation has long relied on the incredible generosity of our caring community, especially during the season of giving.

#GIVINGTUESDAY – Penn Foundation participated in Giving Tuesday on Nov. 29. We raised more than \$5,000 for Camp Mariposa®, and we received an additional \$4,000 on Giving Tuesday to support our other programs.

Learn more about **#GivingTuesday** at **www.GivingTuesdayBucks.org** or **www.GivingTuesdayMontCo.org**.

SHOPPING NIGHT AT TEN THOUSAND VILLAGES – Penn Foundation's Wellspring Clubhouse once again partnered with Ten Thousand Villages in Souderton to host a shopping night on Nov. 18. The Clubhouse had its best year yet, raising more than \$565.

ANNUAL APPEAL – Many people chose to support Penn Foundation with end-of-year giving through our Annual Appeal. Thanks to you, we raised \$75,000 in 2016. Your generosity makes a difference for people living with mental illness and recovering from addiction.

To learn more about giving opportunities, please call Jennifer King, CFRE, Director of Advancement, at **215.453.5190** or visit **www.PennFoundation.org**.

HOLIDAY GIVING TREES – Penn Foundation is deeply grateful to The Perk and Univest for hosting Giving Trees to benefit child, adolescent, and adult participants in Penn Foundation's various mental health rehabilitation programs and Penn Foundation's Children's Community-Based Services.

To read the full stories in this issue, please go online to <u>PennFoundation.org/Newsletters</u>. If you do not have computer access and would like a hard copy of these stories, please call Jennifer Smith, Public Relations Coordinator, at 267.404.5728.



