

## IN THIS ISSUE:

Penn Foundation Forms Partnership with Grand View Hospital to Offer Chaplaincy Services

Eagle Scouts' Projects Benefit Penn Foundation

Advocacy Efforts Reduce Funding Cuts to Health and Human Services

Inspiration, Hope, and a New Way of Thinking About Mental Illness



## Wellspring Clubhouse Members Participate in ArtSERVE Program at Michener Art Museum

Wellspring Clubhouse members and staff recently participated in the Michener Art Museum's ArtSERVE program, enjoying a very personal art experience.

Eight Clubhouse members and two Clubhouse staff were given a personal tour of the museum, which included the special exhibit of 15th – 19th century Renaissance oil paintings from the Uffizi Gallery in Florence, Italy entitled "Offering of the Angels." Following the tour, the group participated in a 90-minute art session with one of the museum's resident artists. Each member painted or drew something based on a piece of art that had inspired them.

"The art teacher was fabulous," says Lisa Dembrosky, Operations Coordinator for the Clubhouse. "She went over various art tips and techniques and spent quality time with each person and their creation. Seeing Clubhouse members be inspired by the museum and create their own artistic work was wonderful."

ArtSERVE, established in 2009, is an outreach program providing diverse programming and museum accessibility to adults, youth, and families. In 2011, the museum served nearly 100 individuals from area social service organizations through the program. ■



The Dr. Norman L. and Esther B. Loux Healthcare Center

## Penn Foundation Opens Dr. Norman L. and Esther B. Loux Healthcare Center

In early December, Penn Foundation opened its new Dr. Norman L. and Esther B. Loux Healthcare Center. "The support that Penn Foundation received through the Power of Hope Campaign is incredible. The generous support of our donors made this project possible," says Tom Leidy, Vice Chair of Penn Foundation's Board of Directors and Chair of the Power of Hope Campaign.

As Penn Foundation has grown over the years, we have remained committed to Dr. Loux's vision of providing services *for* the community *in* the community. We strive every day to provide the innovative, compassionate care that our community deserves and to do so in a respectful, dignified way.

Just as Dr. Loux expressed in the mid-1950s, our facilities play an important role in making our clients feel safe and comfortable while they are in our care. Keeping this in mind, Penn Foundation incorporated elements of the past into the design of the building. The waiting rooms and chapel feature walls that showcase

stone from the foundation of Dr. Loux's original Lawn Avenue office, a white farmhouse that was purchased in 1956 for \$19,000. The chapel also contains shelving made from recycled structural beams from the farmhouse.

While the new Loux Healthcare Center is an impressive facility, the real story is the transformative work that takes place inside every day. From serving 629 individuals in 1956, Penn Foundation now serves over 10,000 children, adolescents, and adults each year, providing compassionate, responsive, and innovative care that helps these individuals grow, develop, and recover to their fullest mental, emotional, and spiritual health.

Looking forward, it is clear that the need for innovative, responsive care—Penn Foundation's hallmark—will continue to increase. This expansion provides the opportunity to seamlessly integrate physical and behavioral healthcare in ways that will advance the vision of integrated healthcare that guides our work.

*Continued on page 2*

Continued from page 1

## Penn Foundation Opens Dr. Norman L. and Esther B. Loux Healthcare Center

### Home-Like Feel

The 36,000 square feet of new construction was designed to enhance the warm, welcoming, home-like feel Penn Foundation strives to provide for its consumers. Construction on the new facility, which began in August 2011, progressed smoothly according to Marianne Gilson, Executive Director of Quality and Operations. "The spacious and light-filled environment makes the Loux Center very welcoming and provides a comfortable experience for our clients," describes Marianne.

She adds, "Our vision was to create flexible workspaces, improve efficiency, protect the privacy of our clients, and enhance integration and communication among teams and departments. We also carefully considered current trends and how they will impact the way we provide care in the future. The interior layout of the Loux Center was designed to reflect these priorities."

Key features of the Loux Healthcare Center include private waiting rooms, expanded community space, a private chapel for prayer and reflection, and an onsite, full-service pharmacy offering a convenient way for clients to fill prescriptions for themselves and their family members.

A dedication celebrating the caring community that made this expansion possible is planned for January 2013. 📍

## Penn Foundation Forms Partnership with Grand View Hospital to Offer Chaplaincy Services

When Grand View Hospital's longtime chaplain, Rev. Earl Ball, retired in April 2012 after 17 years of ministry, Penn Foundation saw the hospital's need and formed a partnership with Grand View Hospital to offer chaplaincy services to its patients. Three part-time chaplains and three back-up chaplains are available to visit with patients and their families to provide spiritual support and guidance. Patients are typically seen within 24 hours of their admission.

"Chaplains meet people where they are in their faith journey and work with the person around their faith resources," explains Rev. Carl Yusavitz, Penn Foundation's Chaplain, who supervises this program. "Chaplains listen without judging or trying to solve a problem; they are a trustworthy presence; they provide comfort; and they try to help the person understand his/her illness in the big picture of God's story."

Each of Penn Foundation's chaplains represents a different faith background and has been licensed, endorsed, or ordained by their denomination to provide pastoral care. They have all also completed Penn Foundation's Clinical Pastoral Education program. The chaplains make daily rounds in the intensive care, oncology, and telemetry units, helping patients and their families through the shock of early diagnoses or end-of-life situations; ethical dilemmas like the introduction or withdrawal of life support; and experiences that make people conscious of their own mortality, such as heart attacks and strokes.

"Chaplaincy is a specialized ministry," says Rev. Yusavitz. "We have to allow people to use us as they need to use us. We are only with them for a short time on their journey. We need to hear their story, help them find God in that story, and help them re-experience God's unconditional love and forgiveness." 📍



Penn Foundation Chaplains (from left) Chad Wisler, Marlene Natali, Earl Johnston, Susan Clemmer, Michael Hedrick, and Cal LaVigne provide spiritual support and guidance to patients at Grand View Hospital.

## Eagle Scouts' Projects Benefit Penn Foundation



Two local scouts selected Penn Foundation as beneficiaries of their Eagle Scout community projects. Benjamin Leidy of Souderton and Geoff Hunsberger of Hereford each worked hundreds of hours to beautify the campus and earn their Eagle Scout Awards, the highest rank in Boy Scouting.

Ben began his project with a conversation with his grandfather, Tom Leidy, Vice President of Penn Foundation's Board of Directors, who connected him with Penn Foundation's Wellspring Clubhouse and its Director Lu Mauro. Ben learned that the Clubhouse was missing its Serenity Garden since the move to the grounds of Rockhill Mennonite Community in 2008. Recreating that important feature became his project.

He began working on the Serenity Garden in the fall of 2011. He worked closely with Landis Block and Concrete in Souderton, which generously donated paving stones and other materials needed for the project. It took 150 hours of planning and implementation, approximately 20 volunteers, and 6 months to complete the Serenity Garden, which was dedicated in June.

"Ben did an amazing job on our Serenity Garden, and we are so grateful for his time and hard work," says Lu. "The Serenity Garden is a special outdoor space where members can ground themselves, experience beauty and the healing power of the natural environment, and honor the

spirit of having hope and resilience. For some, it is a respite from the busyness inside the Clubhouse; for others, it is a place to pray, meditate, and reflect; for still others, it is a place to celebrate and give gratitude."

Equally appreciated is the work that Geoff Hunsberger accomplished after speaking with his mom, Christine Garvey, Fiscal Coordinator at Penn Foundation, and learning about the need for a walking path. "After understanding that the trail would benefit clients, staff, and the general community, I decided it was the project for me," recalls Geoff.

In February, Geoff met with Director of Maintenance Phil Good to discuss the scope of the project and to see the area where the path would be built. After preliminary plans were drawn up and approved by Geoff's troop committee, troop leader, council representative, and Penn Foundation, he got to work.

Geoff marked out the trail, which runs from the back of the Village of Hope, through the woods, to the Recovery Center. He worked closely with Blooming Glen Contractors, which generously donated the necessary stones for the path. With the help of 13 fellow Scouts, family and friends, and Penn Foundation's maintenance team, Geoff spent six weekends throughout May, June, and July working on the walking trail. It was officially completed on July 7. 📸



Ben Leidy is pictured with his grandfather, Tom Leidy, Vice Chair of Penn Foundation's Board of Directors; Lu Mauro, Director of Wellspring Clubhouse; and Wayne Mugrauer, Penn Foundation President & CEO.



Geoff Hunsberger (right) is pictured with his troop leader Gary Hager.

## Advocacy Efforts Reduce Funding Cuts to Health and Human Services

In July, thanks to the broad-based advocacy efforts of our staff, clients, partner providers, legislators and county commissioners, and caring community, a prospective 20 percent cut to health and human services funding was reduced to 10 percent.

This process provided an opportunity to communicate our message in powerful ways. We thank our county commissioners and state legislators who have always been strong proponents of Penn Foundation and once again demonstrated their commitment to serving the needs of this community.

We also acknowledge Tara Miller, Recovery Coaching Team Leader in our Mental Health Case Management program. During a press conference organized by the Greater North Penn Collaborative for Health and Human Services, Tara publicly shared her own personal story of living with a mental illness and the critical role that social services played in her recovery.

We are very grateful to everyone who joined with us in asking for a budget that is realistic and retains the effectiveness of programs that support Pennsylvanians who live with mental illness, intellectual disabilities, and substance use disorders. We are fortunate to be part of such a caring, generous community that comes together in times of need. This incredible community support plays an important role in making sure that our services are available for those that need them. 📸



Recovery Coaching Team Leader Tara Miller (right) and Anne Frank, President of the Greater North Penn Collaborative for Health and Human Services, at the press conference.



## Caring Community Makes Camp Courage Possible

Designed to bring the classic camp experience to children who typically wouldn't get it, Camp Courage is a four-week summer camp for children with mental health or developmental disorders.

When funding for Camp Courage was no longer available in 2011, our caring community came together to support this important program. The contributions of several generous donors, in addition to the proceeds from the Silent Auction at Penn Foundation's 2011 Autumn Event, raised enough money to make Camp Courage possible again this summer. More than 25 children attended Camp Courage in July, participating in activities such as swimming, fishing, paddle boating, canoeing, storytelling, singing, and crafts.

Funding for Camp Courage 2013 is well underway, with this year's Autumn Event Silent Auction raising more than half of the necessary funds. In November and December, Little Zion Lutheran Church in Telford invited Penn Foundation to bring the Camp Courage Giving Tree to its Good Gifts Marketplace. Additionally, Lacher and Associates in Souderton hosted the Camp Courage Giving Tree at its location to inspire holiday giving.

For more information about Camp Courage, contact **Debra Springer**, Director of Wrap Around, at **215.453.5178** or **dspringer@pennfoundation.org**. To make a contribution to Camp Courage 2013, contact **Jennifer King**, Director of Advancement, at **215.453.5190** or **jking@pennfoundation.org**.



More than 25 children attended Camp Courage this past summer, participating in activities such as swimming, fishing, paddle boating, canoeing, storytelling, singing, and crafts.

## Camp Mariposa® Offers Youth Opportunity to Live Lives Free of Substance Abuse

In partnership with The Moyer Foundation, Penn Foundation launched Camp Mariposa® this past June. Camp Mariposa® is a free overnight weekend camp for youth ages 9 through 12 who are living with addiction in their families. This safe and caring environment gives campers the freedom to talk about substance abuse in their family without the fear of being judged and most importantly, assures them that they are not alone.

"Camp Mariposa® offers this special group of children a safe place where they can have fun and connect with other children their age," says Michele Barnes, Camp Mariposa® Project Coordinator. "At the same time, it also teaches them valuable skills and tools to live their lives free of substance abuse."

Camp is staffed by Penn Foundation mental health and substance abuse professionals and trained volunteers who provide education, counseling, and support in a fun, traditional camp setting. Campers have opportunities to learn about the disease of addiction and its impact on the family, techniques for coping with a loved one's addiction, tips for prevention, and available resources that they can turn to for help. Campers are also able to participate in selected organized activities such as crafts, sports, water activities, and adventure education.

Camp is held every other month to provide ongoing and consistent support. The next session is set for February 1-3, 2013 and applications are currently being accepted. For more information, contact **Michele Barnes** at **215.257.9999** or **mbarnes@pennfoundation.org**. You can also go online to [www.pennfoundation.org](http://www.pennfoundation.org).



Children enjoy adventure education at Camp Mariposa®, including high flying on the zipline.

## Inspiration, Hope, and a New Way of Thinking About Mental Illness

Penn Foundation has been the beneficiary of a supportive community for almost 60 years, and that support was powerfully evident at our annual Autumn Event on October 23. Our caring community came together and raised over \$120,000 for Penn Foundation to continue to provide charitable care to those who cannot pay or can only afford to partially pay for services.

The evening began with a spectacular silent auction featuring more than 50 one-of-a-kind experiences, specialty gifts, and unique items generously donated by individuals and businesses in our community. The auction and Camp Courage Giving Tree raised over \$12,000 for Camp Courage, a summer camp run by Penn Foundation for children with special needs.

We were pleased to celebrate Fred Schea, President & CEO of First Savings, as the recipient of the 2012 Adventures in Excellence Award. Fred has long been a strong community supporter and has consistently demonstrated outstanding leadership, integrity, and a commitment to improving community welfare. First Savings has been an employment partner to Wellspring Clubhouse, and in his comments, Fred reflected on what that partnership has meant to him and to those who work with Clubhouse members.

The event continued with a keynote address from award-winning journalist and mental health advocate Jane Pauley. Her candid reflections on her own journey after a diagnosis of bipolar disorder illustrated her passion for mental health advocacy, and she credited Penn Foundation with "quietly shining a light" for those making that journey. Over 700 attendees left inspired and thinking about mental illness in a new way.

The Autumn Event is orchestrated by a dedicated group of volunteers, led by Chair Stephen Nelson, who work throughout the

year to plan a dynamic and engaging evening, and by the many volunteers who help on the night of the event.

To view our complete album of pictures from Autumn Event, visit our Facebook page at [www.facebook.com/pennfoundation.org](http://www.facebook.com/pennfoundation.org).



Autumn Event Committee member Sue McManus poses by the Camp Courage Giving Tree, which raised money to send children with special needs to camp in 2013.



Keynote speaker Jane Pauley shared her reflections about her journey after a diagnosis of bipolar disorder.



Fred Schea, President & CEO of First Savings, received the 2012 Adventures in Excellence Award.



Jane Pauley with board members Margaret Zook, Stephen Nelson (left) and Thomas Leidy (right) and Penn Foundation President and CEO Wayne Mugrauer (center).



## Supporting Children with Special Needs



Piera helps her son Julian, 2, build with foam blocks. Thanks to Penn Foundation's Early Intervention Services, Julian is now able to comprehend words and figure things out on his own.

Piera is the mother of two beautiful sons – Joseph (3) and Julian (2). Joseph was diagnosed with Autism at 18 months old. When Julian started exhibiting signs of developmental delays at 16 months old, Piera and her husband Jason weren't sure if his difficulties were real or if he was mimicking the behaviors of his older brother. "He wasn't talking, and he wasn't comprehending things that we said," says Piera. Julian was evaluated through Penn Foundation's Early Intervention Services. He is visited twice a week by a speech therapist and once a week by an occupational therapist. "Julian can now play by himself and figure things out on his own," says Piera. "Early Intervention has been so helpful to Julian and our family."

You can read other inspiring stories of Penn Foundation clients in our 2012 Annual Report, *Faces of Hope*, available on our website. (If you would like a copy, please contact **Jennifer Smith**, Public Relations Coordinator, at **267.404.5728** or **jsmith@pennfoundation.org**.)

## Penn Foundation Promotes Staff

**MARY REASER** has been promoted to Executive Coordinator of the Medical Staff. She has worked at Penn Foundation for 22 years, most recently as Secretarial Supervisor. In her new role, Mary will be responsible for coordinating the activities of the medical staff, which includes nine psychiatrists and three nurse practitioners.

**MICHELE GRIDA** has been promoted to Director of Administrative Services. An 18-year employee, she also serves as Director of Client Registration and Systems Administrator. In her new position, she will continue to oversee these two areas as well as the Mental Health Outpatient secretarial staff.

**ANGELA HACKMAN**, MSW, LSW has been promoted to Director of Integrated Health Services. She has worked at Penn Foundation since 2010 as Team Leader and Behavioral Health Navigator for the Health Connections program. She previously worked at Penn Foundation from 2005-2007 as Lead Practitioner of the IPR (Intensive Psychiatric Rehabilitation) program. In her new role, she

will oversee both the Health Connections and REACH (previously known as IPR) programs. She will also provide leadership for other Penn Foundation initiatives aimed at the integration of physical and behavioral healthcare.

**JONATHAN LABMAN**, LPC, MA has been promoted to Director of Training and Education. A four-year employee, Jonathan recently served as Director of Penn Foundation's Trauma Treatment Project. Now, as Director of Training and Education, he will be responsible for identifying Penn Foundation's specific educational and training needs, developing an annual training plan and scheduling trainings, and assessing the outcomes of educational programs.

**DEBRA RYAN** has been promoted to Director of Business Development. She has worked at Penn Foundation for 25 years, most recently as Director of Emergency Services. When Debra assumes her new role in February 2013, she will be responsible for sales and marketing activities, awareness campaigns, and increasing referral volumes to Penn Foundation services. 📧



### Thank You Univest

Approximately 20 community volunteers from Univest were on campus on September 13, volunteering their time during the North Penn United Way's Day of Caring. These individuals helped Early Intervention, Children's Services, and Advancement with various projects. Thank you to Univest for their support and participation in this special event!

## Welcome New Staff Members



Dr. Alan Sofranko

**DR. ALAN SOFRANKO** joined Penn Foundation in June and provides psychiatric assessments and medication management for adult clients of the Recovery Center and FACT (Forensic Assertive Community Treatment) program.

Dr. Sofranko is certified by the American Board of Psychiatry and Neurology and the American Society of Addiction Medicine. He is licensed to practice psychiatry in Pennsylvania and Maryland. He holds special interest in community mental health, dual diagnosis treatment, and advocacy to end homelessness.

Dr. Sofranko earned his medical degree from Saba University School of Medicine and completed his residency training at the University of Maryland/Sheppard Pratt. He also earned a graduate degree in Biomedical Science from the Philadelphia College of Osteopathic Medicine. 📖



Dr. Pamela Marinchak

**DR. PAMELA MARINCHAK** joined the Penn Foundation staff in June and provides psychiatric evaluations and medication checks for children and adolescents using Mental Health Outpatient Services.

Dr. Marinchak is Board Certified in Adult Psychiatry and Board Eligible in Child Psychiatry. She is a member of the American Academy of Child and Adolescent Psychiatry and the Regional Council of Child Psychiatry. She holds special interest in working with pre-school and elementary-age children, specifically in the areas of ADHD, anxiety, depression, autism spectrum disorders, nutrition and health, foster care, and adoption.

Dr. Marinchak earned her medical degree from the Medical College of Pennsylvania. Her post-graduate training includes an internship in Pediatrics at the Medical College of Philadelphia, a residency in Adult Psychiatry at the Hospital of the University of Pennsylvania, and a Fellowship in Child Psychiatry at the Medical College of Pennsylvania at Eastern Pennsylvania Psychiatric Institute. 📖



Yvette Hoagland, RN, MSN

**YVETTE HOAGLAND, RN, MSN** joined Penn Foundation in September as a Certified Registered Nurse Practitioner. She is also a Family Psychiatric and Mental Health Nurse Practitioner and Credentialed Adult Psychiatric Clinical Nurse Specialist. She provides comprehensive assessments and medication management services for adults using Mental Health Outpatient Services and for older adults in area nursing homes.

Yvette holds special interest in working with older adults and individuals facing chronic medical illnesses, post-partum depression, issues of loss, and life transitions.

Hoagland's education includes two graduate degrees from Boston University – one in Rehabilitation Counseling and one in Adult Psychiatric Mental Health Nursing. She also earned two undergraduate degrees – one in Social Work from United College of Gordon and Barrington (Wenham, MA) and one in Nursing from Villanova University. She completed a post-graduate Family Psychiatric and Mental Health Nurse Practitioner program in 2012 at Rutgers University. 📖



# PENN FOUNDATION

BEHAVIORAL HEALTH SERVICES

807 Lawn Avenue, P.O. Box 32, Sellersville, PA 18960

[www.PennFoundation.org](http://www.PennFoundation.org)

Non-Profit Org.  
US Postage

**PAID**

Permit No. XX  
XXXXX, PA XXXXX

If you do not wish to receive future Public Relations materials,  
please contact Jennifer Smith at (267) 404.5728.

DID YOU KNOW...



- ❖ In 1956, Penn Foundation served 629 individuals. Now, in 2012, Penn Foundation serves over 10,200 individuals.
- ❖ **Newsletter Available by Email**  
If you would like to receive our newsletter electronically, please send your name and e-mail address to **Jennifer Smith**, Public Relations Coordinator, at [jsmith@pennfoundation.org](mailto:jsmith@pennfoundation.org).



Keep Current on Penn Foundation  
by "liking" us on Facebook

Visit [www.facebook.com/pennfoundation.org](http://www.facebook.com/pennfoundation.org).