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Volunteer at the Univest Grand Prix to Help Penn Foundation

Volunteer at this year's Univest Grand Prix on September 17 and you'll not only get an inside look at one of North America's top cycling events, but you'll also help Penn Foundation.


"Penn Foundation is the beneficiary of this year's Univest Grand Prix Cyclosporitif, and we will be coordinating the volunteer course marshals for both this ride and the professional race," says Jen King, Director of Advancement.

Course marshals are needed for the Cyclosporitif course through Montgomery County and for the Men's Race in Souderton.

"Volunteering for Univest Grand Prix is a great way to help people right in your own community," says Caitlyn Shinnars, a 2010 Univest Grand Prix volunteer. "It was nice to see the direct impact of my work."

Univest Grand Prix is a great opportunity for a group volunteer experience. This year, volunteers will receive a box lunch prepared by Landis Supermarkets on race day, a Univest Grand Prix 2011 commemorative print, a T-shirt, and a Penn Foundation gift.

Volunteers must be 18 or older or have signed parental permission. An informational meeting will be held in conjunction with the local police and race promoter during the week preceding the race.

Volunteers can register online at www.pennfoundation.org. For more information, call 215.453.5182. 



Rendering of the new façade of the main building

New Construction Underway at Main Campus

On August 2nd, Penn Foundation broke ground on a \$9.2 million expansion of its main campus on Lawn Avenue in Sellersville.

Development will include a 36,000 square foot addition designed by Lederach Associates, which will be built to green standards. When completed in early 2013, the building will be named the Norman L. and Esther B. Loux Center in honor of Penn Foundation's founder and his wife.


Construction, which began on August 5th, will help Penn Foundation better serve the community by providing the opportunity for centralization of services, program growth, and access to more efficient care.

"The main building was last renovated in 1978," says Wayne A. Mugrauer, President and CEO. "We are excited about the opportunity to not only expand our capacity to serve more adults, older adults, children, and their families in our community, but to do so by providing excellent behavioral health care in a modern and efficient facility."



Happily anticipating the groundbreaking for campus renovations are Penn Foundation board members, from left, Tom Leidy, Margaret Zook, Dr. J. Phillip Moyer, and (in back) Wayne Mugrauer, President and CEO.

Funds for the expansion have been raised from private and industry donations as well as contributions to Penn Foundation's Power of Hope campaign.

For more information or to make a gift, contact the Advancement Office at 215.453.5190. 

Clubhouse Members Celebrate a Successful Year

Wellspring Clubhouse celebrated its members' success in pursuing and achieving employment goals at its 13th annual dinner on May 26.

The celebration's theme was based on Einstein's theory of relativity: $E = MC^2$ was intended to stand for "Employment = Motivation (Clubhouse \times Community)." This theme represents the idea that Wellspring members' employment is a product of community and Clubhouse support and individual motivation to reach goals.

"Wellspring members' employment is a product of community and Clubhouse support."

A group of 80 attendees, including Clubhouse members, staff, employers, and community supporters, enjoyed a choral presentation by the Clubhouse chorus, The Dreamers. In addition, several Clubhouse members spoke about their experiences in overcoming obstacles as well as the role that Wellspring has played in their employment.

Sandy Vereneck from Penn Foundation's Medical Records department addressed the group, sharing her experience with Clubhouse members involved in the Transitional Employment program. This program provides members with opportunities to build skills and self-confidence while concurrently working in a paid, integrated position in the community.

All clubhouse members and community employers in attendance were honored with certificates and tokens of achievement and appreciation for their work in employment over the past year. 📷

Residents Move into Penn Villa

The first of 23 residents have settled into their new home in Penn Villa, a newly-built community in Sellersville designed to meet the needs of individuals with mental illness and co-occurring mental illnesses and substance use disorders.

"We moved 19 tenants and our program office to the new neighborhood in one day," says Christine Shannon, Residential Director. "Move-in day was a culmination of a lot of support from the community to provide permanent, safe, affordable housing." The new facilities replace rented two-bedroom apartments.

"Not so long ago, I walked along the icy streets as a homeless man, eating in charity kitchens and spending my days in a bus station for warmth," says Joe Davis, Penn Villa resident. "Now I live in a gorgeous new townhouse with every possible amenity in bucolic Sellersville. I sleep in a private bedroom. My standard of living is so high it is beyond belief. The words 'thank you' are not adequate."

Construction of the group home and five townhomes was completed in early June, as were fully-developed lots for two sets of five-unit townhomes and one lot for a single family home. Those lots are now for sale.

In May, many local residents toured the homes, impressed by the various amenities and features such as the spacious common areas and private bedroom/bathrooms for each tenant in the group home. While Penn Foundation did not seek Leadership in Energy and Environmental Design (LEED) certification, the construction was accomplished to internationally-recognized green building standards with the use of green materials and resources and the installation of a geothermal cooling and heating system.

The group home is staffed seven days a week, 24 hours a day, and townhome residents can also rely on this staff support. These professionals help residents to learn daily living skills such as meal planning and preparation, grocery shopping, money management, personal hygiene habits, cleaning, and laundry. Tenants use these skills to make life changes they desire and to enhance their connection to and participation in the broader community.

"Penn Villa is a realization of over 20 years of planning and dreaming, and we are delighted to celebrate with the residents as they settle into their new homes," says Wayne Mugrauer, President and CEO. "We are grateful to our collaborative partners as well as to our community for partnering with us to make this endeavour a reality." 📷

Penn Foundation Named Provider of the Year

Penn Foundation has been named Provider of the Year by NAMI Montgomery County (National Alliance for the Mentally Ill), a grass-roots education, support, and advocacy organization founded in 1979 whose mission is to improve the quality of life for those affected by mental illness.

According to Carol Caruso, Executive Director of NAMI Montgomery County, Penn Foundation was chosen for this award because "It is rare when a provider of mental health services embraces the family as a partner in the treatment process."

"We are honored to be recognized by NAMI Montgomery County," says Wayne Mugrauer, Penn Foundation President & CEO. "Early in its 56-year history, Penn Foundation recognized that mental health and substance use issues impact the entire family, not just the individual. Therefore, over the years, we have really focused on the family as a whole and developed innovative approaches to care that address not only the individual's issues but also the effects those issues have on the family." 📷

Autumn Event Fundraiser to Feature Heisman Trophy Winner Doug Flutie



Mark your calendars and purchase tickets now to hear Doug Flutie, Heisman Trophy winner, speak at this year's Autumn Event fundraiser on October 25.

Flutie will tell inspiring stories about his days on the football field and even more personally, his experiences raising his son, Dougie Jr., a child who lives with autism.

The evening's festivities begin with a spectacular Silent Auction at 5:30 p.m., featuring one-of-a-kind experiences and specialty items highlighting the best our region has to offer. The main event will begin at 7:30 p.m. when emcee, Darryl Berger, WNPV radio program director, kicks off the program with the introduction of this year's Adventures In Excellence award winner, Rob Wonderling, President and CEO of the Greater Philadelphia Chamber of Commerce. Wonderling will be honored for his outstanding leadership and his unwavering support for the community. In his former role as Pennsylvania State Senator, he provided strong support for Penn Foundation's programs and continues to be a friend of the organization today.

Autumn Event is on Tuesday, October 25 at Calvary Church Auditorium (820 Route 113, Souderton, PA).

Tickets are \$20 or four for \$60. Purchase tickets online at: www.pennfoundation.org or call (215) 453-5182 to reserve your seat. 📄

Lacher and Associates Turn Their Award into a Donation for Penn Foundation



Penn Foundation accepts a \$2500 check from Erie Insurance. Pictured left to right are Ann Zaprazny, Erie Insurance Sr. Vice President and Regional Officer; Mark and Kate Lacher, Jen and Chad Lacher, Lacher & Associates; John Goshow, former President and CEO of Penn Foundation; Jen King, Penn Foundation Director of Advancement; and Ellen and Greg Lacher, Lacher & Associates.

generously of their time and efforts to various religious, youth, family outreach, and community revitalization programs. It is both an honor to publicly recognize such a deserving agency and an honor to be represented by them."

"Penn Foundation is able to provide the innovative and compassionate care we do because of the caring community that supports our work," says Wayne Mugrauer, Penn Foundation President and CEO. "We are very grateful to Lacher and Associates for recognizing us and to Erie Insurance for this generous gift." 📄

Bingo Raises Over \$6,000

Wellspring Clubhouse raised \$6,451 at its March Longaberger Basket Bingo event at the Sellersville Fire Department. More than 145 people attended the event which featured regular and bonus rounds with door prizes, consolation awards, and two raffles. Proceeds help support the Clubhouse's evening, weekend, holiday, and social programs; educational and employment opportunities; and lunch program. 📄

Facebook Fans Contest



Have you *Liked* Penn Foundation's Facebook page yet? We have a goal to get to 500 fans by the end of August. To help reach that

goal, we will award a pair of Lehigh Valley Iron Pigs tickets for August 29th to one of our Facebook page fans when we reach that goal. All who *like* our page <http://facebook.com/pennfoundation.org> will be eligible. Share the chance to win with your friends too! 📄

Register to Receive the New E-Newsletter

The Penn Foundation newsletter will soon publish in an electronic format for those who prefer email. Be sure we have you on our e-list! Send your name and e-mail address to Jennifer Smith, Public Relations Coordinator, at jsmith@pennfoundation.org or call her at 215.257.6551, x 278. 📄



In Memoriam – Ray P. Landes M.D.

Former Penn Foundation board member Ray P. Landes died June 14, 2011 at his home in Harleysville. Dr. Landes served on our board from 1978–1988 and also dedicated his time to additional community service at Grand View Hospital, Peter Becker Community, and Zion Mennonite Church of Souderton. He was an internist in private practice in Souderton and on staff at Grand View Hospital from 1956 to 1985. From 1985 until his retirement in 1992, he served as staff physician at the Veterans' Administration Outpatient Clinic in Allentown.

The Penn Foundation family is deeply appreciative of Dr. Landes' service on our board and to our community. His contributions will be warmly remembered. 📷

Award Winners:

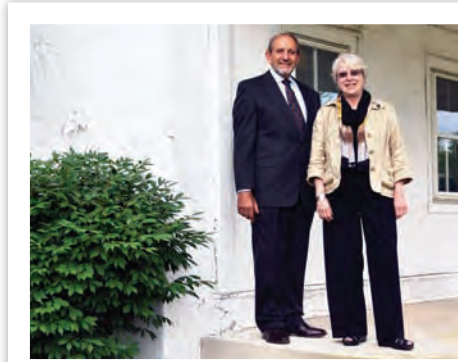


The Penn Foundation Mental Health Child/Adolescent Blended Case Management Team received the Recovery and Resiliency Award from Montgomery County Department of Mental Health and Developmental Disabilities at their annual tea on May 25.

"I'm so excited for and proud of our Children's Blended Case Management Team! They bring such energy, creativity, and dedication to their work with children and families every day. Their partnerships with organizations like the Indian Valley Boys and Girls Club exemplifies their lived belief in the importance of community and in their hope for the resiliency of every child," says Donna Duffy-Bell, Penn Foundation Executive Director of Rehabilitation Services.

Pictured from left are team members Kira Weller, Leanne Muffley, Jackie Serbu, and Lauren Kotulka with their supervisor Jane Straw. 📷

Board Chairman Ends 16-Year Tenure



Tom Leidy, board chairman, hands the reins to Margaret Zook.

Tom Leidy, the board's chairman for 16 years, has stepped down. Margaret Zook, vice chair, will now chair the board and Leidy will serve as vice chair.

"It has been rewarding to work with such quality, dedicated people who understand the need for behavioral health services and who work diligently every day to provide those services," says Leidy. "It has been gratifying to see the application of Dr. Loux's vision as Penn Foundation continues to grow."

"With 26 years of service to the board and the Foundation, Tom has invested a huge amount of time and energy into the promotion of Penn Foundation's mission," says John Goshow, former President & CEO of Penn Foundation and friend of Tom for over 20 years. "His commitment to our local community is inspiring." 📷

Staff Updates



THOMAS J. TANTILLO (MSW, MBA) has joined the staff as Executive Director of Drug and Alcohol Services. His responsibilities include

directing the clinical, financial, and administrative aspects of the Foundation's forward-thinking approach to addiction treatment.

"I am thrilled to welcome a professional with Tom's experience, credentials, and demonstrated personal and professional values as a member of the Penn Foundation team," says Wayne Mugrauer, Penn Foundation President and CEO.

Tantillo is on the adjunct faculty of the University of Pennsylvania School of Social Policy and Practice and prior to Penn Foundation was the Administrator for the Department of Child and Adolescent Psychiatry and Behavioral Sciences at the Children's Hospital of Philadelphia.

"My vision is to build on the good work of the Recovery Center and to expand access to care; work with the community, schools, and other health care providers on early identification and referral for services; and offer individualized care through a broad array of services," says Tantillo.

COLLEEN BLAKER, practitioner with the REACH program, was named Practitioner of the Year by the United States Psychiatric Rehabilitation Association (USPRA). This is

the first year that USPRA has given out this award. Colleen, who began working in the REACH program in 2007, was nominated by her colleague Valerie Starnes, also a practitioner with the REACH program.

"I am proud to share this award with Penn Foundation. It not only reflects my personal dedication to the individuals we serve but also the action-driven mission of the REACH program and Penn Foundation to instill hope and inspire change," she says.



JENNIFER KING (MA, Communication) has been named Penn Foundation's new Director of Advancement. King, who joined the agency in 2006 as

Coordinator of Special Events and Annual Campaigns, is responsible for all fundraising activities including the establishment of a planned giving program and oversight of the Autumn Event and other special campaigns and events. She will also serve as a liaison between Penn Foundation and its supporters.

"In appointing Jen King as Director of Advancement, we are able to affirm the excellent work that she has performed in the service of our consumers and community," says Wayne Mugrauer, Penn Foundation President & CEO. 📷

Camp Courage Makes Summer Sizzle for Special Needs Children



Happy Campers – Children in the Camp Courage program.



Personal Attention – Extra personal attention and support is a hallmark of Camp Courage.

Paddle boating on a lake. Mastering the sport of archery. Designing popsicle-stick artwork. Singing songs and telling stories. Such activities are often much more than fond memories for those who have experienced summer camp at Men-O-Lan in Quakertown. For special needs children, they are life-changing experiences.

For the last 17 years, Penn Foundation staff from the Wrap Around Program have coordinated Camp Courage at Men-O-Lan — a program geared to bring the classic summer camp experience to children who typically wouldn't get that experience otherwise.

"Summer is a season of possibilities, and our job is to make sure our kids with mental health or developmental disorders make the most of those possibilities," says Debra Springer, Director of both the Wrap Around program and Camp Courage.

For Springer and her staff, that means that where there is a need for extra attention and support — like encouragement and lessons to feel confident in the deep end of the pool with the other kids or direction and help to take on the ropes course safely — Camp Courage campers get exactly what they need to grow and have fun.

"We take great efforts to help our kids easily fold into the camp groups of their typically-developing peers," says Springer. "Our standard is that every kid is as active as possible and has a full day of fun, every day, with all the other kids their age."

"At Men-O-Lan, we continue to see the success of Camp Courage and its ability to mainstream kids into our regular camping experience, regardless of the hurdles they may face," says Executive Director of Camp Men-O-Lan Bryan Smith. "The result of working with kids and their families, through professional, personal, and social development, and exposing them

to an outdoor program has been a huge asset to our communities and one that we clearly are proud to be a part of."


Running the entire month of July, Camp Courage offers weekly camp experiences for up to 15 kids each week. With a three-staff-to-eight camper ratio, personalized attention and guidance means each camper can make the most of the Men-O-Lan facility and camp experiences: a two-acre lake with canoes and paddle boats; zip line, ropes course, and giant swing; nature trails; pool and water slide; music and art activities; Bible stories, and worship.

"This year, we are connecting with our Dayspring program to have an intern who will do the Bible story program just for our kids," says Springer.

As a veteran of the camp program (she started as a counselor, then moved into a co-coordinator position before taking on her present position), Springer takes great pride in seeing how the camp delivers positive outcomes for children year after year.

"We see the smiles on the kids' faces and hear the joy expressed by their parents because their child is happy because he or she is included in the fun," she says.

The Camp Courage program also has impact on the campers that have graduated. "The sessions are for children ages 7 to 12," explains Springer. "But once a child is too old to be at the camp, he or she can be considered for a counselor-in-training position. It is true joy to see the pride a child, who is still in transition and still receiving services, has when given the CIT responsibility."

For more information, contact Elaina Borchelt at 215.453.5178 or email her at eborchelt@pennfoundation.org. 



PENN FOUNDATION

BEHAVIORAL HEALTH SERVICES

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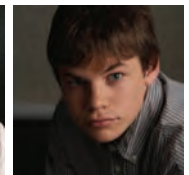
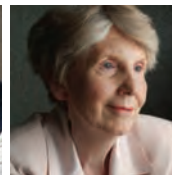
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DID YOU KNOW...



- ❖ Autism affects 1 in 110 children and is the fastest-growing serious developmental disability in the United States.
- ❖ Early intervention treatment services can greatly improve the development of a child with autism.
- ❖ The Penn Foundation Autism Support Center offers comprehensive developmental assessments, resources, training, and presentations to help bridge gaps in available services for individuals with Autism Spectrum Disorders and their families.