Lives under construction.
Welcome to Penn Foundation!

In the early 1950s, the community reached out to Dr. Norman Loux, requesting a community-based mental health center. They saw the need, they anticipated the future. The community has grown, but the need and the request remains. Penn Foundation is looking forward to continuing its tradition of providing innovative behavioral healthcare services that promote recovery and is working toward a future that dismantles stigma and all barriers that prevent people from seeking and obtaining mental health treatment.

As guardian of the Penn Foundation mission, the Board leads its decision-making with the question “Does this fit into our mission?” The Board, which represents the larger community, knows and responds to its fiscal responsibility. As costs continue to escalate and reimbursement continues in uncertainty, the Board seeks balance for present and future financial stability. This has also been a year of transition in leadership at both the Board Chair and CEO levels, transitions led by the Board. Supporting our CEO and the Penn Foundation staff he leads continues to provide the Board with great satisfaction.

The Board will engage in a strategic planning process in early 2012 to develop a blueprint for the future of Penn Foundation. The Main Building construction project remains a priority. Seeing this project into completion and maximizing the much-needed new space will be a dream fulfilled. Along with this, finalizing the capital campaign to completion is also a high priority. Additionally, as members of the community, the Board will actively work at creating integrated care delivery systems through a network of relationships with other healthcare providers and agencies.

The future will provide unique challenges and opportunities, but Penn Foundation’s Board and staff, with their mission, values, knowledge, and innovation, are poised and eager to lead into the future.

Margaret K. Zook | Chair
Penn Foundation Board of Directors
The President's View

As I view the changing landscape of our campus from the same office window through which our founder Dr. Norman Loux looked 50 years ago, I am reminded of the caring community that made this construction project possible. It is this caring community that has embraced Penn Foundation's mission and continued to support us for over 50 years. Even more inspiring is the life-changing care that will take place inside those walls.

As our Director of Pastoral Services, Rev. Dr. Carl Yusavitz, astutely observed, “The heavy machinery, concrete footers, and huge piles of gravel – all of these remind me of just how much effort goes into helping people rebuild their lives. Daily I am touched by the courage and faith that our people, both helper and person seeking help, bring to that transformative work.”

Indeed, Penn Foundation is a place where people come to rebuild their lives; it is a place of innovation, compassion, and hope. In this report, you will read about some of the initiatives we have undertaken to provide the quality, responsive care our community deserves. You will learn how Open Access allows individuals to see a therapist the same day they call or walk-in; how our Trauma-Informed Readiness Project will enable us to provide more supportive, sensitive care to our consumers with a history of trauma; and how our school-based therapy program offers more accessible care to students with behavioral issues and their families.

It is because of our talented staff and visionary Board that Penn Foundation is able to continue its tradition of excellent care. The expertise of our staff, coupled with their dedication and compassion, creates an extraordinary team of professionals with whom I am privileged to work. I am also grateful for the leadership of Penn Foundation’s Board of Directors who inspire us daily with their advocacy and sense of community.

We are also deeply grateful to our generous donors and volunteers and to every person who has invited Penn Foundation to be a partner in restoring hope and healing.

Wayne A. Mugrauer | President & CEO
A Day in the Life of Dr. Christopher Squillaro, Medical Director

There’s no such thing as a typical day for Dr. Christopher Squillaro. With two leadership roles – Medical Director of Penn Foundation and Chair of the Department of Psychiatry at Grand View Hospital – Dr. Squillaro’s daily responsibilities are always changing.

“When I see a need, I enjoy figuring out a way to meet that need,” he says.

As Penn Foundation’s Medical Director, Dr. Squillaro oversees the medical staff and works closely with administration to ensure the quality of clinical programs. He also provides education and consultation on mental health issues for other Penn Foundation clinicians to help them better understand diagnoses and medications and to facilitate clinical problem-solving.

Additionally, Dr. Squillaro provides psychiatric services at Penn Foundation’s Recovery Center and ten area nursing homes.

“Dr. Squillaro’s insight and expertise are invaluable,” says Kimberly Meyer, a social worker at the Lutheran Community at Telford. “His top priority is doing what is best for each resident, and he is always willing to go the extra step of communicating with a resident’s family or other healthcare providers. He is always thinking of new and better ways to help our residents.”

In addition to his Penn Foundation responsibilities, Dr. Squillaro is on call daily at Grand View Hospital and provides psychiatric consultation services to hospital patients.

Dr. Squillaro appreciates the administrative components of his job that require him to attend management and medical staff meetings, where he has the opportunity to interact and collaborate with other medical staff. “It is invigorating to work with such smart, caring people,” he notes.

As the landscape of behavioral healthcare evolves, Dr. Squillaro is enthusiastic about his role in helping Penn Foundation keep pace with the changes. “I am fortunate to have a behind-the-scenes look at and be involved in decision making,” he says. “I am excited by the challenge of maintaining, improving, and developing our programs and partnerships within the community as we navigate the changes to healthcare.”
Leadership Change on the Board of Directors

After 16 years as Chair of Penn Foundation’s Board of Directors, TOM LEIDY transitioned his leadership role to MARGARET ZOOK, who has served on the Board since 1997 and as Vice Chair since 2004. Leidy remains on the Board as Vice Chair.

“It has been rewarding to work with such quality, dedicated people who understand the need for behavioral health services and who work diligently every day to provide those services,” says Tom, who joined the Board in 1985. “It’s been gratifying to see founder Dr. Norman Loux’s vision flourish as Penn Foundation continues to grow.”

“Tom is a visionary leader who has been a true champion of Penn Foundation’s mission,” says President and CEO Wayne Mugrauer. “His leadership inspires excellence in Penn Foundation programs and affirms our staff as they provide that care. Tom couples his incredible business acumen with his compassionate care for those Penn Foundation serves, which is a combination that is unsurpassed.”

Margaret is employed as Life Transitions Coordinator at Sanford Alderfer Companies. Prior to that, she served as the Executive Director of Souderton Mennonite Homes. Margaret currently serves on the Boards of Directors at Univest Corporation, Community Home Services, and Living Branches Foundation. She previously served on the Boards of Indian Valley Library and Mennonite Homes Association.

www.PennFoundation.org
New Initiatives

Open Access Model Provides Same-Day Outpatient Care

Recognizing that there is a sense of urgency when someone calls for an appointment, Penn Foundation has introduced Open Access, a model of same-day service that more immediately and efficiently meets the caller’s need in the critical moment when they reach out for help.

“Open Access offers people the opportunity to call or walk in anytime between 8:00 am and 5:00 p.m., Monday through Friday, and be seen by a therapist that same day,” explains Karen Kern, MSW, LCSW, Executive Director of Mental Health Services.

Approximately 75 percent of Penn Foundation’s clients take advantage of Open Access, which has been a strong asset to physicians, emergency rooms, and other healthcare providers. It has substantially reduced wait times and enabled Penn Foundation to continue providing timely, responsive care to the community.

New Recovery Center Program Addresses Adolescent Alcohol and Substance Use

Penn Foundation’s Recovery Center is now offering a new Adolescent Intensive Outpatient Program for youths (13-18) who are addicted to or who have begun to experiment with alcohol or mood-altering substances. Offered three days a week, this after-school program is designed to help adolescents address their substance use while remaining active members in the community.
With clinicians in agreement that trauma underlies 85 percent of mental health and substance abuse issues, Penn Foundation has embarked on a Trauma-Informed Readiness Project in collaboration with Indian Creek Foundation. The purpose of this three-year project, which was made possible by a grant from the North Penn Community Health Foundation, is to offer more supportive services to consumers to avoid re-traumatization.

“Our goal is a paradigm shift from treating symptoms to treating the cause,” explains Jonathan Labman, Director of the Trauma-Informed Readiness Project.

Trauma-Informed Care is an approach to treatment that recognizes the presence of trauma symptoms and the role that trauma has played in an individual’s life. Many people who seek behavioral health services have experienced some type of trauma, which often leads to mental health and co-occurring disorders such as substance abuse, eating disorders, and medical conditions as well as interaction with the criminal justice system.

By better understanding what our clients have experienced, we can provide the sensitive care they need,” says Labman.

"Penn Foundation’s school-based therapy program has been extremely helpful to us in being able to provide another level of counseling services to the students at our school," says Allison Grube, Guidance Counselor at Richland Elementary School in the Quakertown Community School District. "Having this counseling available in the school makes it easy for families, especially when transportation or parental work schedules are an issue. We are able to reach more students and help them access the services they need."

Grube is referring to the school-based therapy that Penn Foundation is now providing in three elementary schools, spanning two area school districts, Quakertown and Pennridge. This program targets students who exhibit behavioral issues or at-risk behaviors that are interfering with their functioning in school, at home, and in the community. The goal is that school attendance, academic success, classroom cooperation, and social skills will increase and challenging behaviors at school and at home will decrease.
New Construction Increases Penn Foundation’s Capacity to Serve

New buildings are a visible and outward sign of Penn Foundation’s growth. This year, Penn Foundation celebrated two such projects.

In September, we dedicated PENN VILLA, our new residential community that provides safe, affordable housing for 23 adult consumers.

Located off of Diamond Street in Sellersville, Penn Villa consists of one group home (housing up to eight individuals) and five townhomes (each housing up to three individuals). These new facilities, which replace rented apartments, afford residents more privacy and space and enable Penn Foundation to provide housing for more individuals. Penn Villa construction was accomplished using internationally-recognized green building standards with the use of green materials and resources and the installation of a geothermal cooling and heating system.

“Penn Villa is the realization of more than 15 years of research and planning, and we are delighted to celebrate with the residents as they settle into their new homes,” says Christine Shannon, Director of Mental Health Residential Services. “We are extremely grateful to our collaborative partners as well as to our caring community for partnering with us to make these facilities a reality.”

In addition, we also began construction on a 36,000 square foot expansion of our MAIN BUILDING, the first expansion since 1978. This project is designed to transform our outpatient site into a state-of-the-art facility better able to serve the community with centralization of services, program growth, and access to more efficient care. When completed in early 2013, the building will be named the Dr. Norman L. and Esther B. Loux Center in honor of Penn Foundation’s founder and his wife.

As we anticipate the completion of the DR. NORMAN L. AND ESTHER B. LOUX CENTER, we continue to work diligently to bring our Capital Campaign to a close.

Thank you to our supporters who have already so generously made a donation. We are deeply appreciative of your contribution, which is helping to bring hope and healing home to this community.

Though we still need $2 million to conclude our Campaign, we are optimistic that, with your help, we can reach our goal.

Please consider a gift today.

For more information, contact Jennifer King, Director of Advancement, at 215.453.5190.
Thomas Tantillo Brings Over 30 Years of Experience to Role as Executive Director of Drug and Alcohol Services

THOMAS TANTILLO, MSW, MBA, joined the staff as Executive Director of Drug and Alcohol Services. With over 30 years of experience in the not-for-profit, academic, and healthcare sectors, Tom brings what President and CEO Wayne Mugrauer says are “strong credentials and demonstrated personal and professional values” to his role.

“This position will give me the opportunity to make an impact on individuals and families who have been challenged by addiction to drugs and alcohol by continuing and expanding upon the good work of the Recovery Center,” says Tom.

“My vision is to expand access to care; work with families, schools, the community, and other health care providers on early identification and referral for services; and offer individualized care through a broad array of services.”

Penn Foundation Programs and Practitioners Garner Accolades

» PENN FOUNDATION was named Provider of the Year by the Montgomery County National Alliance for the Mentally Ill.

» THE RECOVERY CENTER earned its third three-year accreditation by the Commission on Accreditation of Rehabilitation Facilities.

» COLLEEN BLAKER, BS, CPRP, a practitioner with the REACH Intensive Psychiatric Rehabilitation program, was named Practitioner of the Year by the U.S. Psychiatric Rehabilitation Association.

» THE MENTAL HEALTH CHILD/adoLESCENT BLENDED CASE MANAGEMENT TEAM was awarded the Montgomery County Department of Mental Illness and Developmental Disabilities Recovery and Resiliency Award. Team members included: Kira Weller, Leanne Muffley, Jackie Serbu, Lauren Kotulka, and supervisor Jane Straw.
Penn Foundation
Board of Directors
Margaret Zook, Chair*
Thomas Leidy, Vice Chair*
Stephen Nelson, CPA, Treasurer
Marvin Anders, Secretary
H. Bruce Dettweiler, CPA
Vernon Kratz, MD
Donald Kraybill, PhD
Wanda Lindsay
J. Phillip Moyer, MD
Ronald Souder, MD

Penn Foundation Administration
Wayne A. Mugrauer
President & CEO
Christopher Squillaro, DO
Medical Director
Francine Mellott, CPA
Chief Financial Officer
Donna Duffy-Bell, MA, CPRP
Executive Director of Rehabilitation Services
Marianne Gilson, MCAT
Executive Director of Operations & Quality
Karen Kern, MSW, LCSW
Executive Director of Mental Health Services
Sandra Landis
Director of Human Resources
Thomas Tantillo, MSW, MBA
Executive Director of Drug & Alcohol Services

Lives Under Construction

Guided by its vision of a psychiatric facility for the community in the community, Penn Foundation’s founding Board of Directors laid the groundwork in 1955 for an organization built on community support and responsive to community need. This strong foundation became an organization that has been, for more than half a century, a safe place where people of all ages have come to improve their lives.

At Penn Foundation, we believe that our consumers are the architects of their own lives, and our role is to provide professional guidance in turning their “blueprint” into a reality. This fiscal year, we helped more than 10,300 individuals living with mental health, substance use, and intellectual disabilities break ground on or continue construction on their life blueprint.

Licensure
Pennsylvania Department of Welfare

Accreditations
Association of Clinical Pastoral Education
Commission on the Accreditation of Rehabilitation Facilities**
International Center for Clubhouse Development

Memberships
Franconia Mennonite Conference
Greater North Penn Collaborative for Health and Human Services
Mennonite Health Services Alliance
National Alliance for the Mentally Ill
National Association of Addiction Treatment Providers
National Council for Behavioral Healthcare
Pennsylvania Association of Psychosocial Rehabilitation Services
Pennsylvania Community Providers Association
United States Psychiatric Rehabilitation Association

* At the July 1, 2011 Board meeting, Margaret Zook assumed the role of Chair and Thomas Leidy assumed the role of Vice Chair.
** Alcohol and Other Drug Addiction Detoxification Program and Inpatient Treatment Program.
Statement of Activities
For the Year Ended June 30, 2011

REVENUE, GAINS, AND OTHER SUPPORT

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<td>Fees from Counties</td>
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<td>Client Billing &amp; Commercial Insurance</td>
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<td>Medical Assistance</td>
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EXPENDITURES AND LOSSES

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<td>Support Services</td>
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CHANGE IN NET ASSETS*

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* The change in Net Assets reflects a $500,000 transfer (decrease) of funds to a related entity. The funds pertain to Penn Foundation’s Main Building Project and were recognized as restricted revenue to a prior period.

Unaudited Statement
The information included in this statement is unaudited and is not consolidated with any related parties.
Our Central Purpose

Penn Foundation believes in the resilience of the human spirit and provides a safe place where people of all ages can grow, develop, or recover to their fullest mental, emotional, and spiritual health.