Instilling Hope, Inspiring Change
About Penn Foundation

Compassion and innovation have been at the heart of Penn Foundation since its founding in 1955.

Established at a time when community-based behavioral healthcare was virtually non-existent, Penn Foundation is the product of 14 visionary men who saw a need and bravely took action to meet that need. Their dedication and perseverance, their willingness to dream big and take risks, their strong belief in providing for their own community, are traits that Penn Foundation continues to build upon.

For more than 50 years, Penn Foundation has been providing hope to those in need. Guided by a profound respect for humanity and a steadfast belief that all individuals have the potential to recover, the agency offers a comprehensive continuum of 43 mental health, mental retardation, and substance abuse programs to meet the unique needs of each client. With its main office located on a 30-acre campus in Sellersville and satellite offices in Perkasie and Pottstown, Penn Foundation employs 340 caring, professional staff and serves more than 9,400 children, adolescents, adults, and seniors each year.

For more information, visit www.PennFoundation.org

From the President and CEO

Who would have thought that Penn Foundation and the Philadelphia Phillies have a lot in common? Not long ago, the Phillies caused quite a stir in Philadelphia, winning their first division title in 14 years. They attributed their come-from-behind success to the inspirational loyalty and dedication of their fans who never stopped believing, who never gave up hope, even when victory seemed just out of reach.

Like the Phillies, Penn Foundation stepped up to the plate this past year, instilling hope and inspiring those who struggled to believe – in themselves, in their families, in their future. And the agency did so, in no small part, due to the electricity and inspiration provided by our own faithful fans.

Together, we celebrated triumphs such as the groundbreakings for the Recovery Center and Wellspring Clubhouse and receiving $7.5 million towards the Main Building renovation/expansion project. Additionally, we celebrated our success in raising enough money for a playground on campus through the Employee Giving Campaign. In the face of adversity, such as the untimely death of a beloved colleague, we found solace and support with one another.

Our diverse team of charismatic leaders, standout MVPs, and promising rookies provides a powerhouse lineup unmatched in compassion, knowledge, and talent. These competent, caring individuals play hard every time they take the field and have been helping Penn Foundation to hit homeruns all year.

But just as the Phillies would not have achieved their against-all-odds victory without devoted fans that cheered them on even during the difficult times, Penn Foundation, too, relies on the unconditional support and enthusiasm of its fans.

Thanks to the generous and altruistic nature of our supporters, we are able to continue offering innovative care to meet the diverse and growing mental health and substance abuse needs of the community.

Well-known essayist and poet Ralph Waldo Emerson once said, “Do not go where the path may lead. Go instead where there is no path and leave a trail.” Thanks to our team of staff who aren’t afraid to swing the bat, who are willing to take risks and dare to be different, and our loyal fans who cheer us on in good times and bad, Penn Foundation is doing just that.

John Goshow
President and CEO
Penn Foundation Building Expansion, Capital Campaign Underway

Flying soil and a parade of construction vehicles have adored Penn Foundation’s campus since early spring, symbolizing the realization of the long-awaited dream of renovating and expanding several of Penn Foundation’s facilities. On April 27th, Penn Foundation broke ground on its Recovery Center. Despite the bleak weather, which forced the ceremony indoors, our faithful supporters came out to celebrate this special occasion with us. The Recovery Center project, which is estimated to be completed in April 2008, involves the renovation of the current 10,000 square foot facility and the addition of 13,500 square feet. This will result in two additional inpatient rooms (six beds) and outpatient and community-based services office space.

A little more than two months later, on July 9th, Penn Foundation broke ground on its second building project – a new Wellspring Clubhouse - a collaborative effort with Rockhill Mennonite Community. Located on Old Bethlehem Pike, the new facility will be 5,500 square feet, more than double the current Clubhouse’s size, and will contain modern amenities such as a restaurant-style kitchen. The new building will enable the Clubhouse to increase its membership by 50 - 75%.

Penn Foundation announced its Capital Campaign – I-Hope Fund - on June 27th to raise $10.5 million to fund these projects and a future renovation/expansion of the Main Building, which houses the Mental Health Outpatient, Partial Hospital, and Intensive Psychiatric Rehabilitation programs. To-date, we have raised $7.5 million of the needed funds and have publicly asked the community for support in raising the remaining $4 million. More information about the Capital Campaign, including ways to contribute, can be found at www.PennFoundation.org.

Area Legislators Secure $510,000 in Grants for Wellspring Clubhouse

Senators Rob Wondelung, Charles McIlhinney, and Stewart Greenleaf and Representatives Paul Clymer, Robert Godshall, Margarette Quinn, and Kathy Watson joined forces to obtain a $500,000 Health Services Grant from the Department of Health. This grant, which is designated for projects that improve community healthcare programs, will be used to defray construction costs of the new Wellspring Clubhouse.

With strong support from Pennsylvania State Representative Paul Clymer, the Wellspring Clubhouse received a $10,000 grant from the Department of Community and Economic Development (DCED). This grant, which is available to local members of the State Legislature for special projects, will be used to purchase upgraded computers for the Clubhouse’s new facility.

Program Highlights

The Partial Hospital program has been restructured into two programs – Acute Partial Hospital and Transitional Outpatient Program. Acute Partial Hospital is a time-limited day program for adults struggling with mental illness. These individuals may use this program as a bridge to transition from inpatient to outpatient care or as a crisis intervention to prevent inpatient hospitalization. The Transitional Outpatient Program is designed to enhance outpatient treatment by providing support groups on various recovery-oriented topics such as spirituality, anger management, and self-esteem.

Early Intervention Services and Mental Retardation Supports Coordination have become separate programs, and both have moved into new offices in Perkasie. Early Intervention Services is now located at 519 South Fifth Street, across from South Middle School. Mental Retardation Supports Coordination has moved next to Univest in the Perkasie Square Shopping Center at 547 Constitution Avenue.

Family Based Services was licensed for another year by the Department of Public Welfare (DPW). Family Based Services is annually reviewed by a DPW representative to ensure that all of the rigorous regulations outlined by the Department are being met. All documents of the program, including financial records, clinical records, outcome measures, and case reviews, are examined.

The Recovery Center will be featured in Finding Hope in Recovery: Families Living with Addiction, a Mennonite Media-produced documentary that takes an in-depth look at chemical dependency, the grieving recovery process, and the emotional impact it has on families. The documentary will feature commentary and interviews with Recovery Center Director Todd Barlow and two client families, with a special emphasis on the Center’s pioneering program Rehab at Home®. It will air on Sunday, December 30, 2007 at 7:00 a.m. EST and will be available on DVD and VHS after January 2008. For more information, visit www.findinghopeinrecovery.com.

Miscellaneous Highlights

Penn Foundation has adopted a 1.5 mile stretch of Route 309 (between the Sellershive and Sellersville-Perkasie exits) through PennDOT’s Adopt-a-Highway program. In collaboration with Mennonite Church USA, Penn Foundation can now accept donations securely online through its website www.PennFoundation.org. Just click on How You Can Help and select Make a Donation. Individuals wishing to make a donation have five categories to which they can designate their gift: Program Advancement and Development, Campus Maintenance and Improvement, Norman L. Louis Scholarship Fund, Vision Fund, and Hope Fund – Capital Campaign.

Penn Foundation is now a registered member of GoodSearch.com (powered by Yahoo!). This search engine will donate approximately $0.01 per search to Penn Foundation for every search done using its website. Go to www.goodsearch.com and enter Penn Foundation as the organization you want to support.

2006-2007 Annual Report

Penn Foundation Building Expansion, Capital Campaign Underway

Steve Swartley, Penn Builders; Michelle Worman-Stengel, Special Projects Coordinator, Recovery Center; Todd Barlow, Director of Recovery Center; Cathy Chipley, Outpatient Coordinator, Recovery Center; Tom Leidy, Chair, Penn Foundation Board of Directors; Angel Tomlin, Inpatient Coordinator, Recovery Center; and John Gashow, President & CEO.

Carol Wachols, Director of Advancement, and John Gashow, President & CEO, unveil The Hope Fund progress measurement sign.


Lois Dodson, Student Assistance Program Coordinator, also serves as Chair of the Upper Bucks Healthy Communities Youth Coalition. The Coalition was recognized by the White House Office of National Drug Control Policy for its “Zero3” campaign targeting underage drinking.

Patricia Trauger, a Mental Health Outpatient Services receptionist, retired at the end of June after 48 years at Penn Foundation.

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2006-2007 Annual Report

Rev. Carl Yasavitz
Lois Dodson
Pat Trauger

(Left to right) are Kyle Smith, Don Detweiler, John Gashow, Andy Watchous, Jennifer Stoltz, Lois Dodson, Mary Keller, Elaina Borshelt, Donna Deibel, Jennifer Bonorris, (front row) Christian Bedford, Angela Bedford, Landon Detweiler, and Jennifer King. Not pictured is Jennifer Smith.

[Image 24x568 to 585x720]

[Image 27x372 to 196x552]

[Image 27x77 to 589x296]

[Image 634x369 to 768x394]

[Image 634x696 to 765x720]
### Revenue, Gains and Other Support

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount</th>
</tr>
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<tbody>
<tr>
<td>Fees from Counties</td>
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<tr>
<td>Medical Assistance</td>
<td>331,249</td>
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<tr>
<td>Managed Medical Assistance</td>
<td>5,210,301</td>
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<tr>
<td>Client Billing and Commercial Insurance</td>
<td>2,803,760</td>
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<tr>
<td>Medicare</td>
<td>435,056</td>
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<tr>
<td>United Way</td>
<td>32,187</td>
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<tr>
<td>Grants</td>
<td>247,983</td>
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<tr>
<td>Contributions, net of expenses</td>
<td>256,409</td>
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<tr>
<td>Other Income</td>
<td>557,571</td>
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<tr>
<td><strong>Total Revenues, Gains and Other Support</strong></td>
<td>$15,305,264</td>
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### Expenses

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount</th>
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<tbody>
<tr>
<td>Program Services</td>
<td>$3,836,293</td>
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<tr>
<td>Support Services</td>
<td>1,769,837</td>
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<tr>
<td>Managed Medical Assistance</td>
<td>1,573,681</td>
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<td>Therapeutic Staff Support Hours</td>
<td>5,682</td>
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<tr>
<td><strong>Total Expenses and Losses</strong></td>
<td>$15,162,522</td>
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### Unaudited Statement

The information included in this statement is unaudited and is not consolidated with any related parties.

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**Penn Foundation, Inc. Statement of Activities For the Year Ended June 30, 2007**

- **Revenue, Gains and Other Support:** $15,305,264
- **Expenses and Losses:** $13,392,685

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*Penn Foundation helped me fulfill my ‘impossible’ dream of going to college. The staff encouraged and coached me with my study skills. Now, I go to school, I’ve made friends, and I help other students edit their papers.*

*My journey has been absolutely amazing. The staff always had a kind word and offered me support. They are so much more than therapists; they are family.*

*Approximately one quarter of our clients receive ongoing services.*

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**How We Serve the Community**

<table>
<thead>
<tr>
<th>Services</th>
<th>Total Clients*</th>
</tr>
</thead>
<tbody>
<tr>
<td>Assertive Community Treatment</td>
<td>9,400</td>
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<tr>
<td>Community Residential Rehabilitation</td>
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<tr>
<td>Admissions</td>
<td>31</td>
</tr>
<tr>
<td>Discharges</td>
<td>8</td>
</tr>
<tr>
<td>Dayspring Counseling Center</td>
<td>215</td>
</tr>
<tr>
<td>Initial Evaluations</td>
<td>2,504</td>
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<tr>
<td>Drug and Alcohol Outpatient</td>
<td>163</td>
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<tr>
<td>Psychiatric Evaluations</td>
<td>163</td>
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<tr>
<td>Medication Checks</td>
<td>757</td>
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<tr>
<td>Therapy Sessions</td>
<td>5,362</td>
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<tr>
<td>Drug and Alcohol Inpatient</td>
<td>514</td>
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<tr>
<td>Admissions</td>
<td>514</td>
</tr>
<tr>
<td>Discharges</td>
<td>515</td>
</tr>
<tr>
<td>Drug and Alcohol Rehab at Home*</td>
<td>18</td>
</tr>
<tr>
<td>Number of Clients</td>
<td>18</td>
</tr>
</tbody>
</table>

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**Mental Health Outpatient Services**

- **Psychiatric Evaluations:** 860
- **Medication Checks:** 11,201
- **Therapy Sessions:** 13,525
- **Initial Evaluations:** 1,553

**MR Supports Coordination**

- **Units of Service:** 11,393

**Partial Hospitalization**

- **Patient Days:** 6,755

**Village of Hope (Dual Diagnosis)**

- **Admissions:** 13
- **Discharges:** 14
- **Patient Days:** 4,920

**Wellspring Clubhouse**

- **Enrolled:** 253
- **Admissions:** 44

**WRAP Around**

- **Behavioural Specialist Hours:** 7,927
- **Mobile Therapist Hours:** 3,677
- **Staff Support Hours:** 5,682

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**Emergency Services**

- **Face-to-Face Interaction:** 1,186
- **Telephone Calls:** 2,808

**Employee Assistance Program**

- **Member Business:** 80
- **Employees Served:** 22,000

**Family Based Services**

- **Service Hours:** 4,648

**Intensive Psychiatric Rehabilitation**

- **Admissions:** 35
- **Discharges:** 15

**Mental Health Case Management - ICM**

- **Children:** 2,845
- **Adults:** 7,758

**Mental Health Case Management - RC**

- **Bucks County:** 4,973
- **Montgomery County:** 1,030

**Mental Health Inpatient Services**

- **Admissions:** 960
- **Discharges:** 937

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*“I would like to say that the team working with our family is great...it is good to deal with regular everyday people who respect you and show sincere concern for your situation.”*

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*“My journey has been absolutely amazing. The staff always had a kind word and offered me support. They are so much more than therapists; they are family.”*