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PENN FOUNDATION
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President and CEO John Goshow Announces Retirement

After serving Penn Foundation as President and Chief Executive Officer for ten years, John Goshow has announced his retirement.

John joined the organization in 1977 as a Clinical Social Worker and in 1979 was named Partial Hospital Director. He assumed the role of Vice President and Chief Operating Officer in 1989 and was appointed President and CEO in 2000.

The Penn Foundation Board of Directors deeply appreciates John's unique vision, servant leadership, passion for the organization's mission, and dedication to community. "John has a special ability to keep current with changes in behavioral healthcare and with the needs of the community," says Tom Leidy, Chair, Penn Foundation Board of Directors. "Under John's leadership, he grew a staff of over 300 individuals dedicated to the organization's mission. He oversaw the implementation of distinct new programs and the pioneering of innovative approaches to care. John is a sensitive yet decisive leader. He is a man of integrity who always leads by example."

The Mennonite Health Services Alliance, a 70-member nationwide network of Mennonite healthcare organizations, has been retained to search for John's replacement. Kirk Stiffney, MHS search consultant, will visit Penn Foundation early in the year to meet with the search committee. John would like to retire by September 1, 2010, but will stay until June 30, 2011 if necessary to accommodate the executive search. ■

Twenty-Five Years of Memories and Life Lessons

In the fall of 1984, like many college graduates then and now, Donna Duffy-Bell was looking for her first "real" job and dreamed about moving out on her own. So, when a Residential Caseworker position opened up in the moderate CRR (Community Residential Rehabilitation) program at Penn Foundation, Donna interviewed for the position. Not only did she get her first "real" job, she was also able to move out of her parents' house; her new job required her to live in an on-site staff apartment and pay 30% of her income toward rent just like residents of the program.



Donna Duffy-Bell (right) celebrated her 25th anniversary with Penn Foundation in November 2009. Here, she poses with Barbara Poust, receptionist for the Mental Health Case Management program.

Today, 25 years later, Donna is still working at Penn Foundation. Now the Director of Rehabilitation Services, she has come a long way from her first "real" job. Prior to her current position, which she accepted in 1997, Donna was the Director of Mental Health Case Management for seven years and Coordinator of Maximum Supervision CRR for five years.

What has kept Donna at Penn Foundation for a quarter-century? Values, opportunities, and people. "Penn Foundation's values resonate with my own," explains Donna. "Things like valuing hard work, appreciating

and expecting excellence, taking planned risks, and being open to new ideas and initiatives. I have been blessed to have had a lot of opportunities to try new and different things. I also work with great people – both staff and clients – who keep me energized and who keep the creativity flowing."

Mutual Admiration

"My clients have all impacted me in some way," says Donna. "I'm amazed at their resiliency, their resourcefulness, and their ability to overcome challenges to create a meaningful life."

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Penn Foundation Clients Receive Awards at Bucks County Advancing in Recovery Event



Pictured at the Advancing in Recovery Event on October 22, 2009 are (left to right) Don Detweiler, Village of Hope Director; Tara Tarlo; Andy Farley, Tara's father; Carol Farley, Tara's mother; Ron Class, Tara's fiancé; and Jim McGrath, Village of Hope Coordinator.



Jay Clipp poses with his award for "Reaching Out to Others in Recovery to Demonstrate and Instill Hope."

At the Bucks County Advancing in Recovery Event on October 22, 2009, three Penn Foundation clients received recovery awards. Tara Tarlo, an alumna of the Village of Hope, and Jay Clipp, a member of the Wellspring Clubhouse, were both recognized for "Reaching Out to Others in Recovery to Demonstrate and Instill Hope." Bill Transue, a client of the Intensive Psychiatric Rehabilitation (IPR) program was honored for "Exemplifying Change."

An Encouragement To Those In Recovery

According to Don Detweiler, Village of Hope Director, Tara "has been a consistent source of hope for those around her. In addition to following through on her own responsibilities, she is involved and provides support to the lives of others who are in recovery from mental health and substance use issues. Tara has been a sponsor to several individuals, including residents of the Village of Hope program. With her fiancé, she recently helped provide extended care for another peer's grandchild when the peer was dealing with health issues. Tara truly is an encouragement and inspiration to those in recovery."

An Advocate For Others

"Jay is a person of great integrity and compassion," describes Lu Mauro, Wellspring Clubhouse Director. "He is a very kind, gentle, sensitive, and spiritual individual with a strong sense of fairness and justice. He advocates for others and always offers feedback that empowers, not diminishes. He's the type of person you want to hang out with because he enjoys a good laugh, has a great sense of humor, and is warm and easy-going."

Jay has been an active member of the Wellspring Clubhouse for 13 years. He's currently working as a Certified Peer Specialist for Voice and Vision, Inc. He's also a WRAP (Wellness Recovery Action Plan) class facilitator. Additionally, as an active member of the Bucks County Chapter of NAMI (National Alliance for the Mentally Ill), he has facilitated a 10-week NAMI Peer-to-Peer Class. Jay is always assisting with NAMI, Voice and Vision, and Clubhouse fundraisers.

An Inspiring Role Model

Bill Transue was nominated for the "Exemplifies Change" Award because "he constantly challenges himself to step outside of his comfort zone and try new things," says Colleen Blaker, an IPR practitioner. "Although these new situations are anxiety producing, Bill pushes himself to work through the anxiety so that he can achieve his goals and get what he wants out of life. He has integrated the tools that he has learned throughout his recovery journey into his everyday life, and this has enabled him to keep a positive, 'can-do' attitude about new experiences. Bill has really served as a role model for other participants in the IPR program, and he has inspired others in their own recovery journeys."

Congratulations to Tara, Jay, and Bill! 🎉

Annual Giving Update

Special thanks to all who responded to our recent Annual Giving Appeal. All of the funds raised through our Annual Appeal, like those raised through Autumn Event, support Penn Foundation's Commonwealth Fund, which subsidizes services for those who cannot pay or can only partially pay for the services they receive. Our Annual Giving Goal is \$350,000 by the end of our fiscal year on June 30, 2010. If you have not yet made a contribution, please consider a gift today to help bring hope, healing, and compassion to others.

To make a gift online, visit
www.PennFoundation.org

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Do you shop online? Did you know that more than 700 stores are part of the iGive network, a free service that supports your favorite charitable organization?

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Sign up today!

Twenty-Five Years of Memories and Life Lessons continued from page 1...

"Donna has always been there for me," says Carrie Jean Miners, who has been a client of Donna's for almost 20 years. "She has this gentleness about her, and she really took the time to understand me. I would not give her up for anything."

Donna is such a genuinely good person. She's so accepting and willing to help me. It's the little things, like going to the doctor with me or playing Scrabble with me, that mean the most.

T.E.*, who has been working with Donna for five years, adds, "Donna is such a genuinely good person. She's so accepting and willing to help me. It's the little things, like going to the doctor with me or playing Scrabble with me, that mean the most."

Christine Frany, who has also worked with Donna, agrees. "Donna is a caring, sensitive, intelligent lady. I love her more than anything."

The admiration is mutual for these three ladies. Says Donna, "These women have come so far in their recoveries. Despite their challenges, they continue to give back and support other people. I connected with each one of them on multiple levels."

Precious Memories

One of Donna's earlier memories of working at Penn Foundation involves attempting to make stew with residents of the moderate CRR program. "I remember that the stew called for a clove of garlic. I thought a clove was the whole thing [which is really a bulb of garlic]. Needless to say, the stew was not edible. It was amusing that I did assessments of residents' cooking skills yet the residents

taught me how to cook! But the experience taught me three valuable lessons: staff members are not always the experts [and perhaps rarely are]; humor is important; and people are quite forgiving when you have a good working relationship with them."

Another one of Donna's fond memories is The Rascals, a group of staff who provided entertainment at the annual staff awards dinner. "We performed skits; we danced; we hosted game shows like Jeopardy, Wheel of Fortune, and Family Feud," she remembers. "We had a hysterically fun time."

Donna also appreciates traditions that have withstood the test of time—the annual Thanksgiving Dinner served on Thanksgiving Day (which she has participated in for the past 25 years); the annual Rehabilitation Services Holiday Open House; and numerous team building experiences with her staff such as "The Amazing Race."

Evolution

Donna has seen many changes in the behavioral healthcare field throughout her 25 years. "In the 1980s, the focus was on keeping people in their communities for treatment. In the 1990s, these individuals began to have a voice and to advocate for themselves. Now, the emphasis is on cultivating leadership and partnerships and giving back, moving beyond the system to have a life outside of an illness."

The system isn't the only thing that has changed over the past two-and-a-half decades; Donna has changed too. She is no longer that innocent girl trying to find her way in the world. Donna is a mature, confident woman who leads by example, who has touched people in ways she'll never know, and who will walk beside anyone in need. ■

*Did not wish for name to be published.

Penn Foundation Celebrates a Season of Giving

The drive netted 680 food and hygiene items for clients of the Mental Health Case Management program, 135 more items than in 2008. Penn Foundation staff members John Ruppert and Colleen Blaker pack up some of the boxed and canned food items donated by the agency's staff. ➔



† Penn Foundation's annual food drive was held from November 16 through December 4, 2009. Village of Hope staff member Lucie Lavin and Village of Hope resident Tara Herr stack some of the many cans that were collected.



† Village of Hope resident Howard Cook (left) helps Village of Hope Director Don Detweiler stow a basket of food.



➔ Penn Foundation partnered with The Perk in Perkasi to collect gifts for clients of the agency's Mental Health Case Management program. Pictured (left to right) are Jamie Simpson, Mental Health Case Management client; Lauren Cronmiller, Assistant Manager, The Perk; and Lauren Kotulka, Mental Health Case Manager.

Penn Foundation once again partnered with Univest for its annual Holiday Giving Trees, a project designed to provide gifts for families with financial difficulties in hopes of making their holiday a joyful one. Tags with gift requests from families throughout Bucks and Montgomery counties were hung on Giving Trees in Univest financial service centers throughout the two counties. Here, (l) Janet Reilly and (r) Sharon Fisher of Univest's Trust Department stand by one of the giving trees. ➔



† On December 8, 2009, Penn Foundation held its annual Christmas Tea for employees and their families. The Wellspring Clubhouse Choir provided entertainment, singing familiar favorite holiday tunes. Members of the choir include (left to right) Nicole Tolbert, Jill Horan, Ariel Tender, Carl Yusavitz (behind Ariel), Patty Hunsberger, John French, Jamie Francis, Mary Anne Jombe, Stacy Kairewich, Jay Clipp, Leonette Rowe, Michael Smith, Lisa Cooper, and Andrew Seagraves.

Autumn Event 2009: A Magical Evening of Musical Brilliance and Hope

An awe-inspiring musical performance and a celebration of hope were tangible at Penn Foundation's 2009 Autumn Event. William S. Aichele, Chairman, President & CEO of Univest Corporation, received the *Adventures in Excellence* Award in recognition of his unwavering support of the community and his personal and corporate leadership and generosity.

The first Spectacular Silent Auction featured items highlighting the best of our region and one-of-a-kind experiences. Former Senator Rob Wonderling, CEO of the Greater Philadelphia Chamber of Commerce, welcomed guests, and a testimonial from Emma Schnable described the important role Penn Foundation has played in her family's life. The night's featured entertainment, Quartetto Gelato, thrilled the audience with its brilliant musical artistry. This talented ensemble delivered a concert that held the audience rapt as they entertained with charming anecdotes and thrilling renditions of classical hits.

At the Celebrity Reception, Sponsors, Associates, and their guests enjoyed music from Christopher Dock Mennonite High School's String Ensemble and tasted delicious fare from Jesslemel Caterers. Thank you to our Sponsors, Associates, Friends of Penn Foundation, and volunteer event committee for helping to make this Penn Foundation event spectacular! 🍁

Scenes from Autumn Event 2009





PENN FOUNDATION

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DID YOU KNOW...



- ❖ Director of Rehabilitation Services Donna Duffy-Bell has worked at Penn Foundation for 25 years
- ❖ President & CEO John Goshow appeared on the October 2009 cover of *Treatment Magazine*
- ❖ Clients Tara Tarlo, Jay Clipp, and Bill Transue received Bucks County Advancing in Recovery Awards
- ❖ Staff members Julie Williams, Deborah Strouse, and Karen Kern presented at the 17th Annual Forensic Rights and Treatment Conference sponsored by Drexel University College of Medicine